



May

2020

Ambleside

and

Brathay



The Parish of St. Mary's, Ambleside

Mission Statement: Our Church exists so that we can worship God together, help each other grow in the Christian Faith, care for all and share the good news of Jesus.

(St. Mary's Church, part of the Loughrigg Team - with Holy Trinity, Brathay and Holy Trinity, Langdale and in a local Ecumenical Partnership with Ambleside Methodist Church. Also a member of the Churches Together in Ambleside District)

Team Rector*:	Rev Beverley Lock	
	The Vicarage, Millans Park LA22 9AD	33205
Team Vicar:	Rev. George Wrigley	
	The Vicarage, Chapel Stile LA22 9JG	37267
Assistant Priest:	Rev. Nick Hallam	36069
Administrator:	Judith Dixon	34512

Church Services

Sunday:	8.00 a.m. Holy Communion
	11.00 a.m. Parish Communion
	(Second Sunday: Service of the Word)
Wednesday:	10.00 a.m. Holy Communion

The Parish of Holy Trinity, Brathay

Contacts: * see above

Church Services

Sunday: 9.30 a.m. Holy Communion 1662
(1st Sunday: Matins)

Ambleside Methodist Church

(meeting in the Wesley Room, Ambleside Parish Centre)

Contact: Deacon Maggie Patchett 015394 42971

Church Services

Sunday: 9.30 a.m.

When there is a 5th Sunday in a month a United service of Baptist, Methodist and Anglicans in St. Mary's church.

A Letter from the Rector:

Well this is the first time I have written a Parish Magazine letter knowing that it would not be printed and distributed in the usual way by our lovely band of volunteers. Thank you to all those who do this wonderful community service by getting this magazine out to every household in the Parish ten times a year.

For now it will be published on the website and then on email as a Word document to as many as possible. If you know of others who will not be able to get this electronically or access the website – please can you let them know what is happening by phoning them.

Last time I wrote it was mid March for the April magazine. Sadly we got about 500 printed and we were in shut down. Many things that usually happen are happening differently at the moment and it all changed so quickly.

However **Easter** was amazing. While all the usual ways of celebrating it were very different there were some really creative ways used to shout,

Jesus Christ is Risen

He is risen indeed Alleluia!

Lots of people put crosses on their doors for Good Friday and many then decorated them for Easter Sunday. This was a great visual way of our sharing the festival apart but together.

Here in Ambleside, thanks to on-line platforms, we were able to mark Palm Sunday with a dramatized reading of the story of the last week of Jesus' life and had very well attended service for Maundy Thursday, Good Friday and Easter Sunday. It was touching to see how so many wanted to come together to say effectively,

'Alleluia Any way!'

Thanks to on- line platforms we are still able to have Crumpet Church,

virtual coffee mornings, a Prayer Course and various other meetings and get-togethers. I have also been sending out a weekly letter and sermon plus information for things that the Parish Centre and the Church are putting on. If you would like to have copies of these please just give me a ring on 015394 33205.

Please don't forget that we have asked everybody to pray, at home but together, at 9.15 every morning. It is a great way to start the day. Just a few moments to sit and reflect. If You want any suggestions for prayers and readings for yourself or others and I can be of any help – please let me know.

With there being a lot of folk away from work at the moment there have been some great ideas of how to spend this extra time. The Parish Centre is running a 'jigsaw exchange', Local book shops are doing book deliveries, the TV has increased its output – playing again some old films - and the weather has made just looking out of the window a joy.

Watching the Spring unveil has been such a revelation. The cuckoo, the first swallow of the summer and the way that the wild life has just slid back into the built up areas of the village, reclaiming it as their own.

We have a wonderful Creator. I still can't help marvelling at the complexity of the world in which we live. Even when I am most scared of the faceless 'virus' I have to admire a world where we need viruses to have life at all. How most of the time these viruses support life rather than endanger it. How it so amazingly works from the tiniest bacteria to the incredible pictures from the Hubble telescope of the Universe so many, many light years away.

I have to admire a Creator that works through human compassion. It is totally against self preservation to go into a hospital, gown up and put yourself on the front line but our wonderful humans in the NHS and in Care Homes do that daily out of this love. I find it truly humbling.

So wherever this letter finds you I hope and pray that you are able to live through this very difficult time with that wonder, amazement and love in your heart.

God bless, Beverley

Central Lakes Mission Community

The Bible in Art

You are invited to Bible in Art via Zoom on Monday 4th May at 7pm. To receive the information required to join, please contact John Dixon on jjcedixon@btinternet.com.

Each Bible session looks at a single painting. No knowledge of art or the Bible is required. Please pass this on to anyone who might be interested.

Good News for Ambleside

Your church in Ambleside is committed to praying for its area. We have been doing this by praying for you, street by street, month by month. Now we would like to invite you to join us! Please tell us what we can pray for or give praise to God for on your behalf.

Lake Road, Blue Hill Road, Stone Croft, Fisherbeck Park, Fisherbeck Lane, Badgers Rake, Skelghyll Lane, McIver Lane, Waterhead Close, Borrans Road and The Borrans.

Do contact us and let us know what can we pray for you during May.



Delicious Meals

Thanks to the generosity of Windermere School in offering their facilities and staff for free to support the community in these difficult times.

To register for the meals please contact the Parish Centre by emailing admin@amblesidepc.org.uk with name/address/tel no:

- *You will be given a customer number and an order form*
- *Orders for meals by 12 noon each Thursday for the following week*
- *You can choose to donate £3 towards the cost of each meal or receive it free of charge if income is limited at the moment.*
- *If you do not have email you can register and pick up an order form from the Parish Centre*
- *Meals to be picked up from the Parish Centre. Home Delivery available for those self isolating*

MENU

Monday

Cottage Pie or Macaroni Cheese

Selection of vegetables

Ginger Cake

Wednesday

Roast Turkey or

Lentil Roast

Vegetables and potatoes

Apple Pie

Friday

Meat and Potato Pie or

Cheese and Onion Pasty

Mashed Potato, mushy peas and
gravy

Chocolate Pudding

Tuesday

Coq au Vin

Rice and Vegetables

Or

Vegetable Curry

Rice and Naan

Selection of vegetables

Profiteroles and

Chocolate Sauce

Thursday

Lasagne or

Vegetable Lasagne

Baked potato salad and
garlic bread

Millionaire Shortbread

C.P. LISHMAN LTD.

BUILDING CONTRACTOR

Extensions : Renovations : Conversions
Blockwork : Stonework : Plastering : Roofing
Damp-proofing : Tanking : Timber Treatments
Sovereign Approved Contractor

Tel: **AMBLESIDE 33681**

Painting and Decorating

- Interior and Exterior -
All work undertaken

Gary Walker **Greg Meschino**

01539 723068

07966 589453

07791 658320

To advertise in this space contact:

Marina Thomlinson

on **015394 33119**

**ambleside^o
opticians**

local, independent
community eye care

the old mill north road ambleside
la22 9dt 015394 31331

**NHS & private eye
examinations**

**Comprehensive
contact lens care**

**NHS emergency eye
care service**

D. Giggle & Sons

EST. 1977

Painting & Decorating Services

Interior & Exterior

General Maintenance Repairs

31 Castlefield, Ambleside, Cumbria LA22 9BQ

07896092447

dgiggle@aol.com

Self-Employed & Employed Cleaners Required



LAKELOVERS

We require friendly individuals to join our busy housekeeping team to assist preparing our holiday cottages ready for our guests arrival.

Experience not necessary as full training will be given.

In the first instance please contact Kirsty.

015394 88855

Email: housekeeping@lakelovers.co.uk

For all your joinery needs



RYAN SMITH JOINERY SERVICES AND MANUFACTURING

61 Droomer Drive · Windermere · LA232LP

07825185584 · 01539447478

ryansmithjoinery@outlook.com

J. F. MARTIN & CO.

*Hardware, Ironmongery, Paints,
Key Cutting, Paint Mixing.*

**COMPSTON ROAD, AMBLESIDE
TELEPHONE 32138**

BLACK and HADDOW

BUILDING CONTRACTORS LTD.

All types of Building Work undertaken

EXTENSIONS · WALLING · CONVERSIONS · RE-ROOFING · PLASTERING & TILING

PHONE: AMBLESIDE 32755

47 Greenbank Rd, Ambleside LA22 9BD



Gatestravel

Call us now

015394 33200



UK and International
Rail tickets and information
National Express tickets

Worldwide flights and package holidays
Special interest holidays
Tailor-made itineraries
Cruises

Ruskin House, Market Place, Ambleside LA22 9BU
ambleside@gatestravel.co.uk www.gatestravel.co.uk



STEPHEN P BOWE

Professional Painter and Decorator



Quality Workmanship Gauranteed
Interior & Exterior~Competitive Rates
FREE ESTIMATES

Tel 015394 88438 Mob 07740872043

Grass cutting in St. Mary's graveyard

A number of people have commented favourably on the graveyard at St. Mary's church Ambleside.

As discussed at the last public meeting, the church has put aside a budget for grass cutting for this year and will have the grass cut until these funds run out. Yet, in line with the experience of other charities during the coronavirus crisis, church funds are more limited due to loss of income.

So while the community's plans to raise funds to help pay for grass cutting and maintenance in the graveyard have had to be put on hold plus the Community Services cannot work either, clearly in these financially difficult times the church is unable to maintain this level of grass cutting indefinitely.

However, the church hopes that this temporary approach will see us through until the community can come back together to help fund the care of the graveyard.

It is hoped that this will be of comfort to those who tend the graves and those who take their daily exercise through this lovely area.

Spring Harvest 2020 is on Youtube called Spring Harvest Home 2020. <https://www.youtube.com/user/SpringHarvest>

We had a browse yesterday and there are many video clips loaded which might be good for folk to browse and watch while indoors , including a daily devotional by Pete Grieg who is doing the Wednesday evening sessions for the Lord's Prayer.

Rushbearing 4th July 2020.

After careful consideration the Rushbearing Committee has had to take the difficult decision to cancel the Rushbearing Procession, Church Service and Sports this year.

In common with other traditional events in Ambleside and area we feel it would be irresponsible to run an event that would bring large numbers of people together and might allow the spread of the coronavirus this summer.

Obviously the cancellation of the Rushbearing is not something we take lightly, but we are living in unprecedented times, and we have to make the right decision for the right reasons. We look forward to coming together again in 2021.

Pentecost

Celebrate the coming of the Holy Spirit

31st May 2020



There will be a service on Zoom as well as resources on the St Mary's Church website
<https://stmarysambleside.org.uk>

If you would like to be included in regular emails, coffee mornings, and Zoom services, please contact Rev. Beverley Lock at reverend.beverley@gmail.com or Tel: 015394 33205

VERNON RIGG AND SON

PAINTERS AND DECORATORS

Interior and Exterior

**6, High Green Bank, Ambleside
TELEPHONE 015394 34382**

BEETHAM & DEAN

WOODBURNING STOVES SUPPLIERS & FITTERS.
BESPOKE FIREPLACES.
CHIMNEY SWEEPS, NEW POTS, COWLS AND LINERS.

015394 32255 / 07881 818497

www.amblesidestoves.co.uk-0
Showroom at 2 Bridge Street, Ambleside

A.Slade Treeworks

Specialising in all aspects of tree work,
hedge cutting and stump grinding.
Fully insured and qualified.

Please contact for a free quotation.

e: asladetreeworks@gmail.com

t: 015394 34295 m: 07889 151539



Feeney & Ives

Painters & Decorators

Domestic & Commercial

Interior & Exterior

Phone

015394 36243 or 015394 37469



The
Regent
Hotel

The Regent Hotel
for locals

An excellent choice of affordable menus
served throughout the day

Welcoming everyone from our famous late
breakfast throughout the day to dinner
Lunch, Deck and not forgetting Sunday
Lunch

Call 015394 32254

Call in and receive your 10% off Locals Discount Card



Temple Heelis

SOLICITORS

Have you made a Will or considered tax planning?

Do you have a Lasting Power of Attorney?

Are you buying or selling a house?

For a friendly and professional service please call in at
Temple Heelis, Kelsick Road, Ambleside, LA22 0BP

www.templeheelis.co.uk

T. 015394 82550

RICHARD PICKFORD

- Garden Maintenance -

Lawns, Hedges, Pruning, Jet Washing

Tel. 0783 727 9476

PARKIN & JACKSON

MONUMENTAL MASONS

NEW MEMORIALS, 2nd INSCRIPTIONS

Tel 01539 722838

www.parkinandjackson.co.uk

LilyLou's of Ambleside

Florist for all occasions

Specialising in Wedding

& Funeral Flowers

1, The Slack

Ambleside

01539433121



'PEGASUS WINDOW AND GUTTER CLEANING'

Call Calvin Routledge

07886252929

www.pegasuswindowcleaning.co.uk

RAP-Moto Garage

The Green, Ambleside

Full range of car repairs

Tel 015394 32864 / 07871070020



PARISH OF BRATHAY

The Church continues to be alive and active. Our services, coffee mornings and activities will resume as soon as possible.

Holy Trinity Church, Brathay

Holy Trinity Church is in Bog Lane in the village of Brathay, Cumbria, England. It is in an active Anglican parish church in the deanery of Windermere, the archdeaconry of Westmorland and Furness, and the diocese of Carlisle.

The church is recorded in the National Heritage List for England as a designated Grade 11 listed building. The hilltop site for the church was recommended by William Wordsworth who, when describing it in a letter in 1836, said “ there is no situation out of the Alps, nor among them, more beautiful than that where this building is placed”.

Holy Trinity was built in 1836 with funds from Giles Redmayne, the owner of Brathay Hall. Redmayne, who had bought the Brathay estate a few years previously, was a successful draper, who had a shop on London’s fashionable Bond Street. The architectural historian Nikolaus Pevsner described the design chosen by Redmayne as “joyless”: the architect is thought to have been John Latham, together with Redmayne himself. The church was consecrated in October 1836 by the bishop of Chester, whose diocese at the time extended as far north as the Lake District. Additions were made to the church in 1905 by the Lancaster architects Lancaster and Paley.

To be continued...

Thoughts over Brathay Bridge

I woke up this morning and suddenly realised it was April 1st. Everyone must be losing what day it is because having to do as we are told, and staying in our houses and only being able to go out for things from the Chemist, or the grocers, or for a walk, so that is where I am going, as you can imagine, up to my bridge.

It is not a bad morning, a bit cold, but dry. So here goes. Leaning over the Bridge the river is very low, showing how dry it has been recently. I thought that this could be the morning when I would see the otter. What a joke, there is no chance of seeing him. However further up the river are three ducks paddling towards the bridge but have stopped before where the river is running very much faster. It is fascinating to watch them because they were not making any attempt to go into the river. However it became obvious that they wanted to go further down stream, and I then thought they were watching me. I decided to go to the other side of the bridge and down to the edge of the river bank. I was right, the ducks struggled over the rocks because they thought I may have some food for them, but unfortunately I did not have anything. They found some calm water and took off towards Windermere.

A lady has just passed on a bicycle, the other side of the river, but did not acknowledge my wave because she properly thought she should not. Not her fault, but such a shame compared how people could not wait to stop and talk earlier in the years.

Nesting birds which have been in the field the other side of Bog lane are still there with quite a number of Coal Tits among them. It is lovely to see them but they are very quick and do not hang about.

POET'S CORNER

'Lectrics by Kerry Darbishire

She'd have given anything for an easy-to-handle iron
that didn't burn her fingers, Pat Boone crooning April Love
on a radio after supper, and more than that, clean warmth
that wouldn't sap the flue.

I press my fingers into 1958 carved in the pole
where I'd tied the blue plastic line, just visible
in the last sheets of sun. According to the deeds
Agnes was fifteen when these wooden giants

marched up the valley to the last farm, forging miles
of dirt track and rutted gateways full-stopped
with frozen water troughs, becks stilled to marsh
lost in thaw mist for weeks, like her dad – mired

behind a fleece-bunged door, his hair a greased cap,
a whole autumn bound in sack cloth, his bones dead-edged
to a few twigs spluttering in the hearth,
cattle bellowing in the yard and niver a son.

The tarred room, a daughter and three cousins
blessed the day his coffin earthed up
one sleet November afternoon.
A bakelite switch glints in the hall

smooth, warm to touch. At dusk she flicks it down –
up – down marvelling at the curtain weave, best china figurines,
brasses sullen as thunder, foxy pipes – a life
cobwebbed to the mantelpiece.

COVID19 Self-isolators

**Lakes Parish Area/
neighbouring areas**



Useful numbers list 23.4.20

Produced by Juliet Cunningham / Ambleside Parish
Centre oppc.apc@gmail.com

Click [here](#) to access the full list.

INDEX

- A) Community Hubs
- B) Health Centre/ Pharmacies/ Vets and Animals
- C) Local Businesses which home deliver
- D) Online Local Exercise Classes
- E) Building Society/ Post Office Opening Times
- F) Parish Councils
- G) Utilities
- County Council
- I) Hospital Transport
- J) Mental Health/Safeguarding.
- K) Food Bank Opening times.

FISHWICKS LTD - EDMONDSON LONGMIRE FUNERAL SERVICE

*Complete 24hr Personal Services · Chapel of Rest
Funeral Plans Available*

**The Chapel, Glebe Road, Bowness-on-Windermere
Compston Street, Ambleside. Telephone 43427**
edmondsons@beethamhall.co.uk

TAMANG TREE SERVICES LTD



Garden Maintenance · Hedge Cutting ·
Fencing · Landscaping · Tree & Shrub
Cutting & Pruning · Firewood Supplies

Fully Insured and Qualified

**T • 015394 40029
M • 07976079476**

HOME SUPPORT

*Need an extra pair of hands?
General Cleaning, Spring Cleaning
Shopping, Ironing
CRB Checked, References Available
Telephone Fran, 07870681074*

WS Architecture Ltd

William Sutherland RIBA

Cluan Rydal Road Ambleside
LA22 9BA

(015394) 34489

E-mail wsarchitect@me.com

Web: www.lakedistrict-architect.co.uk



**Fresh homemade food,
drinks & cakes in a cosy
family run establishment!**

Tel: 07969 578517

Fresher's Café

Janet Smedley Central Lakes Physiotherapy Clinics

www.jesphysio.co.uk ● Windermere & Bowness

Email: janet@jesphysio.co.uk

07831 219849 ● Medical Centre

● Hawkshead Surgery

D. Dixon



Professional Carpet Cleaning Services

FLOOD RESTORATION

**Call Duncan on
Ambleside 33503**

Mobile 07891 281075
FREE ESTIMATES



COMPETITIVE
RATES

RELIABLE LOCAL &
FRIENDLY SERVICE



**RAM BUILDING
SERVICES**

Brian Ramos

Hardy View, Stonecroft, Ambleside,
Cumbria LA22 0AU

tel: **015394 31759**
mobile: **07484 274606**

SEAN DAVIDSON

Int & Ext Painter & Decorator

Tel 015394 33331

Mob. 07548 882940

Thuline Studio Gallery

22 Main Road, Windermere LA23 1DY

015394 22382

077539 86856

www.thuline.com

www.kirkstonebathrooms.co.uk

*Plumbing - Tiling - Specialising in
complete bathroom installations*

Call Simon on 07709318017
or 015394 44912

Wayne Davidson

General Builder & Tiler

Domestic ~ Commercial Tiling

Renovations ~ Plastering ~ Stonework ~ Patios

Telephone 47093 / Mobile 07594714369

J. K. FAULKNER

Electrical Contractor

Industrial, Commercial & Domestic Installations carried out.

**Electric Storage Heating *Fire Alarms*

**Emergency Lighting *Display Lighting*

Tel: 015394 32377 or 015394 33456

Fax: 015394 34833 office@jkfaulkner.co.uk

RYDAL WI

As with all organisations Rydal WI has postponed/cancelled meetings for the foreseeable future during the Coronavirus pandemic.

Rydal WI



Members are keeping safe, staying at home, washing their hands and maintaining 2 metres of physical distance -- but staying socially close as always.

Information is available on the RYDAL WI website
www.rydalwi.btck.co.uk

Swifts in Ambleside

By the time you read this, the swifts will be on their way back to us for the summer.

For the last couple of years, volunteers have been recording their numbers. Last year, the largest group seen around Ambleside was 63 birds. We found 25 buildings being used and 37 suspected nest sites.

If you would like to join in with counts, have information about where they are nesting, or would like more information, please contact Pete Martin via thorncottage@hotmail.com or on 07816686166. Look to the skies!





South Lakes

I bought tickets for an event which has now been cancelled because of coronavirus. Can I get my money back?

If an event is cancelled, your refund rights will depend on how you bought the ticket.

If you bought your ticket from an official seller and the event is cancelled due to a government ban, you should get a refund. This is the case even if the organiser reschedules, or holds an event behind closed doors. The official seller is the best person to ask about how to get a refund.

If you bought your ticket from a ticket-reselling website, refunds will depend on the site's terms and conditions.

If you bought from a private seller and the event is cancelled or re-scheduled then it is unlikely you will be able to recover your money. We recommend you contact the seller.

Unfortunately we've found that in these situations scammers prey on those who are affected.

If people or companies offer their services to recover money on your behalf for a cancelled event make sure that you're looking out for the [signs of a potential scam](#).

In happier times, if ticket holders simply change their mind about going to see an event which is still going ahead, they have no legal right to a refund.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems.

South Lakes Citizens Advice is still delivering a service - Telephone and Digital Advice

How to access:

• ***Call 015394 46464 - this is being staffed from 9:30 - 12 noon (this line will open more in due course)***

• ***Adviceline: 03444 111 444***

email advice via our submission page on our website

www.southlakescab.org.uk

Help to Claim (Universal Support): 0800 144 8 444

St Marys Church Ambleside website



<https://stmarysambleside.org.uk/>

Your local church website is a great place to find out what's going on. This magazine is published there, as well as updates from The Ambleside Parish Centre.

Each week there is a
letter from the Rector,
a notice sheet,
as well as services, sermons and support.

Select "What's On" and click on "News"

STEVEN DIXON

Building Contractors Ltd.

New Build Extensions, Renovations, Walling, Slating

FREE ESTIMATES

Telephone: 34537 / Mobile 07703 358 463

www.smdixon.co.uk

Trading Standards Approved

Chimney Sweep

Est. 1992

Andrew Backhouse

015394 45117 or 07763145594

Motorbody Accident Repair Centre Ltd

Mechanical & Bodyshop

Greystones Garage, Hawkshead

Tel 015394 36667 or 36771

Now doing Class 4/7 MOT Testing

Motorbody A R C Ltd

Your local Approved Coal Merchants

Supplying a range of economy premium coal & smokeless fuel

Prices start from £12.00 for a 50kg bag

Deliveries throughout area

For prompt attention tel 015394 36667/
36771

Where a member of staff will be happy to help.



BW PC SERVICES

COMPUTER REPAIRS AND UPGRADES

Tel: 07792780900 or 015394 48188

www.bwpcservices.co.uk

bwpcservices@gmail.com

AMBLESIDE TREE SERVICES LTD

Est. 1988

For all aspects of Tree Surgery, Felling & Removal

Tree Stump Grinding & Removal, Hedge Cutting

Fully Insured and work carried out to BS3998

Tel: Allan Prickett

015394 33889 / 07970471723



Frank Brown

MOTOR BODY REPAIRS

- * All Insurance Repairs
- * MOT, welding & Resprays
- * Accident Damage Repair
- * Free Estimates

Knotts St, Ambleside Tel: 015394 32664

ROD POWLEY

Garden Care

Est. 1989

All your garden needs taken care of.

Tel. 0777 117 6092

MAGENNIS PLUMBING & HEATING

The Workshop, Compston St, Ambleside

TELEPHONE: 34606

Mobile: 07738825412

email: info@ambleside-plumber.co.uk

www.ambleside-plumber.co.uk

Ursula Brendling

Personal Trainer and Fitness Instructor

www.ursulatraining.co.uk

Tel: 015394 34409

or 07743 046667

(Fully qualified REPS registered)

Davenport & Scott

SOLICITORS

Lancaster House
Lake Road
Ambleside
LA22 0AD

Moving House, Buying or Selling a Business

Have you made a Will?

We offer the complete range of legal services

For a friendly and personal service contact us

Telephone: 015394 31919

GIRL FRIDAY

*Decorating - De-cluttering - PA work -
Business cover - Cleaning - Gardening*

Call Isabel

0787 622 4013



SELLING & LETTING QUALITY HOMES LOCALLY

Ambleside 015394 32220

Windermere 015394 47717

Kendal 01539 733500

Lancaster 01524 380560



Planting, Growing and Chatting Together - Ambleside Action for A Future

Just before the Coronavirus 'lockdown', Ambleside Action for A Future (AAFAF) held 'Growing Events' at the Kelsick Centre and in Rothay Park. These built on Growing Conversations held last November, where community members came up with ideas about currently underused spaces that could be used for growing, and what they would like to grow. Volunteers went on to organise events in February and March.

The project has been funded by a Space to Connect grant from a partnership between Co-op's charity, the Co-op Foundation, and the Department for Digital, Culture, Media and Sport, which aims to help communities tackle loneliness by improving and protecting local spaces that bring people together.

On 14th March, a day of planting, growing and compost-making took place at the Kelsick Centre. Wooden window boxes handmade by Paul Martyn were planted up with herbs and pollen rich flowers and given to Ambleside residents who had a suitable space for them. Children were helped to plant up their own pots which they delightedly took home. Luke Evans demonstrated how to grow intensely flavoured and nutritious micro salads. Master composter, Pete Martin, gave a talk on how to make really good compost. Experienced gardeners, Sally Capewell, Rebecca Costello, and Jennifer Moffett advised on all aspects of growing things. With delicious cakes from Rattle Ghyll, the day was hugely enjoyed by all.

Work on a community orchard in Rothay Park started in February, with the kind permission of South Lakeland District Council. A team

of volunteers led by Jonathan Moffett planted 6 apple and plum bio-diversity. We can all help look after the planet by eating more plant based, locally sourced food, and throwing less away. Many of us making small changes can make a big difference. *'Loneliness does not come from having no people around, but from being unable to communicate the things that seem important to oneself, or from holding certain views which others find inadmissible'*

Carl Gustav Jung

AAFAP is a network of local people working to take action and provide support for one another in the face of possible climate and ecological breakdown.

To find out more, visit the Ambleside Action for A Future website: <https://aafaf.uk/>

'The Royal Horticultural Society website has lots of useful tips about gardening, to find out more visit <https://www.rhs.org.uk/> '

'Grasmere (& surrounding) Covid Help'

This Facebook group is organizing people into 'family groups' to provide telephone support and practical help in the case of self-isolation, and telephone contact for those who are on their own.

COMMUNITY ACTION RESPONSE: COVID-19

5 things you can do to make a positive difference in your community



From the Registers

Funerals:

Mary Airey on 1st April at St Mary's Ambleside

Jean Palfreyman on 1st April at St Mary's Ambleside

John Parker on 8th April at St Mary's Ambleside

Joan Hunt on 22nd April at St Marys Ambleside

Anthony Routledge on 30th April at St Mary's Ambleside

Doreen Harrison on 1st May at St Marys Ambleside

Kath Savage on 6th May at St Marys Ambleside



JUNE ISSUE

Please could all articles be emailed to Judith Dixon at **stmarysamblesidepcc@gmail.com** by **Thursday 21st May**. Could they please be in Microsoft word format or similar? **No PDFs please.** Larger articles should not be more than 250 words.

We will distribute the magazine through the St Mary's Church website and by email.

If you would like a copy to be sent to you, please let me know.

Ambleside Baptist Church
Compston Road, Ambleside

Contact: Ray Lane 07732864679

Sunday: Church Services
11.00 a.m. Worship and Communion
6.30 p.m. Churches Together Contemporary Service

Mater Amabilis Catholic Church
Wansfell Road, Ambleside

Contact: Fr. Kevan Dorgan 43402

Masses
Sunday: 9.30 a.m.
Tuesday and Thursday:
6.00 p.m.
Saturday: 9.30 a.m.

Contacts

Bell Ringers:

St. Mary's Ambleside:
Mr. P. Gardner 015398 23302

Holy Trinity Brathay:
Mr. C. Sutton 37368

Ambleside Parish Centre
Caroline Gunning 34172
Brathay Church Hall 33335

Ambleside Primary School:
Headteacher: Sarah Carrick 32181

St. Mary's Parochial Church Council
Secretary: Betty Potts 31851

Holy Trinity Brathay Parochial Church Council
Secretary: Lesley Swift 35967

The Magazine

Advert coordinator:
Marina Thomlinson 33119
Editorial: Judith Dixon 34512

stmarysamblesidepcc@gmail.com

SAINT & CO

CHARTERED ACCOUNTANTS

The Old Police Station
Church Street
Ambleside
T: 015394 33430 F: 015394 34477
Email: ambleside@saint.co.uk

AMBLESIDE SALUTATION HOTEL & SPA

Offers delicious food served in a relaxed atmosphere by friendly welcoming staff. We can cater for a romantic dinner for two or a large family celebration.

We've a wealth of experience in catering for Christenings, Birthdays, Anniversaries and other family get-togethers.

Traditional Sunday Lunches Available.

10% Discount off Food & Drink with This Advert
(Conditions apply)

Tel. 015394 32244
www.hotellakedistrict.com

F. GARSIDE

BUTCHER

**NORTH ROAD, AMBLESIDE
TELEPHONE 32211**

To advertise in this space contact:

Marina Thomlinson
on 015394 33119

CONTRACT GARDEN SERVICES STEPHEN HALTON

Est. 1992

Mowing & Strimming (large lawns mowed with a John Deere Tractor Mower). Garden clearance. Pruning. Hedge Trimming. Tree felling. Landscaping. Walling. Fencing. Hotel garden & ground work.

ALL YOUR GARDEN NEEDS

TEL:- 01539431417

OR

Mobile 07922147944

COOKHOUSE GALLERY

Original Paintings & Fine Art Prints

CHURCH STREET, AMBLESIDE

TEL: 33861

www.cookhousegallery.co.uk



Physiotherapy, Sport & Soft-tissue Injury Clinic

Chartered Physiotherapists

Lake, Land, Bay & Penine

Tel: 01539-756019

Mob: 07801-424115

www.lbpphysiotherapy.co.uk

Low Nook, Rydal Road, Ambleside LA22 9BB



AMBLESIDE ONLINE

Get news, air views, promote your event, FREE!

**Advertise your business locally
and to the world**

www.amblesideonline.co.uk



The
Walnut
FISH BAR

Millans Park
Ambleside
015394 32521

AMBLESIDE FOREST & GARDEN MACHINERY CENTRE

**BELLS KELSICK GARAGE, KNOTT STREET,
AMBLESIDE**

Main Dealers: Stihl - Husqvarna

Sales - Service - Parts - Hire
Collection and Delivery

*Most Leading
Makes Supplied*

Contact Jonathan Bee on
AMBLESIDE 33683

