

September

2020



Ambleside

and

Brathay



The Parish of St. Mary's, Ambleside

Mission Statement: Our Church exists so that we can worship God together, help each other grow in the Christian Faith, care for all and share the good news of Jesus.

(St. Mary's Church, part of the Loughrigg Team - with Holy Trinity, Brathay and Holy Trinity, Langdale and in a local Ecumenical Partnership with Ambleside Methodist Church. Also a member of the Churches Together in Ambleside District)

Team Rector*: Rev Beverley Lock
The Vicarage, Millans Park LA22 9AD 33205
Team Vicar: Rev. Nick Hallam 36069
Administrator: Judith Dixon 34512

Church Services
Sunday: 8.00 a.m. Holy Communion
11.00 a.m. Parish Communion
(Second Sunday: Service of the Word)
Wednesday: 10.00 a.m. Holy Communion

The Parish of Holy Trinity, Brathay

Contacts: * see above

Church Services
Sunday: 9.30 a.m. Holy Communion 1662
(1st Sunday: Matins)

Ambleside Methodist Church
(meeting in the Wesley Room, Ambleside Parish Centre)

Contact: Deacon Maggie Patchett 015394 42971

Church Services
Sunday: 9.30 a.m.

When there is a 5th Sunday in a month a United service of Baptist, Methodist and Anglicans in St. Mary's church.

A Letter from the Rector:

Where does today come before yesterday?

Yes like many families in the last few months our family have taken to doing the occasional on - line quiz. My daughter in law included a 'riddle' round'. We had to work out the answer to each riddle and then show the item on the 'on line platform' screen. Great fun was had by all!



But that sense of things being all inside out and upside down has seemed to me to have persisted through the summer. In some ways things seem have gone back to what they were like before the pandemic but in other ways they are not anyway like what they used to be. The term I hear talked about is the 'new normal' but I feel like a little child stamping my feet and saying, 'but this is no way normal and I don't like it!'

So we all have to be very 'grown up' and get a grip. It seems clear that things are not going to be as they were for a long time and we have got to get used to the idea. Indeed we have got to make the best of it. We say that often, do we not, but let's just dream for a moment – what would 'the best of it' look like. What if this was the start of a much better way of living. What if we really did stop living as if we could just use up all the resources of the planet with no consequences? What if we really valued 'local' over 'distant' and 'community' over 'individuality'? What if the pandemic made us realise that we none of us live for ever and that the quality of life for everyone was what really mattered? The something really good would be the legacy of this awful situation and that has got to give us all hope.

It seems a long time ago but the first weekend of July was our virtual Rushbearing. Do check out amblesiderushbearing.org.uk for memories and pictures of the Rushbearing of the past . A big 'thank you' to

all who sent in material and to Helen Todd for the fantastic work she put in to bring all the memories together. Also to Martyn Wise for all his work in getting the memories on- line and to Val Jackson for the rushbearings that were made for church.

Meanwhile the parish church is very much thriving with on-line services, a new Wednesday night fellowship Course starting in late September, Bible study starting up again, continuing virtual coffee mornings and people ringing each other up to check how each other are doing. Don't forget if you would like to join one of these activities just contact me. Also please check out the St. Mary's website stmarysambleside.org.uk... From the Home page go to 'What's on' and then 'News' for the most recent updates.

Writing this in August we have opened for some 'in person' worship at Ambleside and Brathay. Please check the St. Mary's website for week by week confirmation for services. It is a little strange with face masks on but we have organ music and we spend time concentrating on the words and the time with God. There is Communion available in the bread. It has been very moving to be back in church in the 'new normal'.

So whatever your summer has been – welcome back to the new academic term – in this 'new normal' may it be a time for all of us when our lives come closer to what God, who is love, would have it be.

God bless,
Beverley



Services in September 2020 (for Brathay please see P. 10)

To access online services, please contact Rev. Beverley Lock

St Mary's Church is open on Wednesdays 10—12 for private prayer

Sunday 6th Sept	9.30am Online service (Zoom) 11am Holy Communion at St Mary's, Ambleside
Monday 7th Sept	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom)
Sunday 13th Sept	9.30am Online service (Zoom)
Monday 14th Sept	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom)
Sunday 20th Sept	9.30am Online service (Zoom) 11am Holy Communion at St Mary's, Ambleside
Monday 21st Sept	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom)
Sunday 27th Sept	9.30am Online service (Zoom)
Monday 28th Sept	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom)

Rydal WI

Rydal WI



As with all organisations Rydal WI has postponed/cancelled meetings for the foreseeable future during the Coronavirus pandemic.

Members are keeping safe, -- but staying socially close as always.

We are still meeting - on Zoom and in Rothay Park, well spaced, have tea and cakes and swap jigsaws. We have welcomed several new members and plan to have a full meeting when safe to do so. All the special events, anniversaries, decade busting birthdays will be celebrated eventually.

Information is available on the RYDAL WI website

www.rydalwi.btck.co.uk

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School News

After a phased return to classes last term, we're delighted to now be open to all ages once again from September.

In June, when schools were allowed to reopen in general, we started class by class until we were able to open to all of our full time pupils. Most parents were confident to send their children in to school and the children were so delighted to be back. Our brilliant staff have been all hands on deck to make sure that everything is as safe and as happy as can be.

Lots of school events and activities are still taking place and school life carries on albeit with some differences. Our challenge is to be creative and find ways to make these happen. Whether that's through technology, new inventions or simply doing more things outdoors, we're finding new ways all the time.

We have a huge focus on wellbeing and recovery at the moment so that we can support those who may need it in these anxious times. Our school family is precious and we are thankful and moved by the wonderful support of parents, governors and the Ambleside community.

You would be most welcome to join us at a

Virtual Coffee Morning

at 10.30am each Thursday

to catch up with friends and neighbours.



Contact Rev. Beverley Lock for more details

Crumpet Church

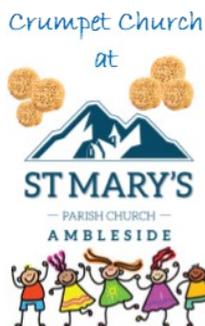
Come and join the fun!

Families welcome for crafts, music and prayer

On Zoom on Mondays at 3.15pm

Contact Rev. Jane Natrass for details:

jane.natrass@gmx.com



Mid-week meeting

STUDY, PRAY, REFUEL

Our Wednesday evenings Zoom meetings will return towards the end of September.

If you would like to join us, please contact Graham Sutton for the Zoom link.

All Welcome!

Confirmation

In the Church of England adults who have been baptised as babies have the opportunity to declare their faith once they are able to speak on their own behalf.

We have a special service of this confirming of faith – known as a 'Confirmation' – planned for next year.

If you would like to join us to consider the basics of the Christian faith please ring Rev. Beverley Lock 33205 for further details.



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PARISH OF BRATHAY

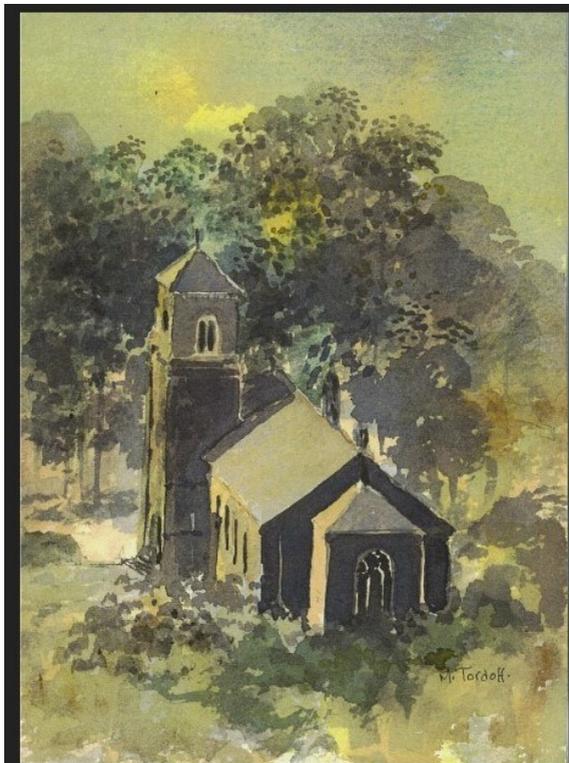
Holy Trinity Church, Bog Lane, Brathay, Nr. Ambleside LA22 0HS

Services:

2nd Sunday of the month - 9.30am Matins

4th Sunday of the month - 9.30am Holy Communion 1662 BCP

Online services are available at other times—see page 5 for details.



Thoughts over Brathay Bridge

What a strange world we live in at this time. No one seems to know what to do from day to day, and even nature does not seem to be on an even keel. Standing on the bridge at this time of the day seems strange. There were a couple coming down Bog Lane with their dog and as I usually do I greeted them by calling out, 'A nice morning'. There was no reply and they hurried on complete with masks, so they could have been anyone. I found it quite disturbing, and sad.

However our creator is still looking after us and thank goodness will continue to do so. Just because even nature is not quite the same at this time. There are a lot of very small birds flying about, but not the larger ones. For example, the Heron has not flown in for his breakfast in the river and I have not seen any Buzzards over the last two weeks, but strangely there have been a lot of seagulls on the river feeding. Obviously, as it has been school holidays and a tremendous number of people are visiting the Lakes, one would have thought the seagulls would get enough bread from the children throwing it in Windermere. Regarding my friend the Otter, I have still not seen him in the river; it must be something. Another thing, I often come up in the evening, quite late, but there have been no Deer about, or Bats, all these creatures I miss but they will return.

There have been a lot of cyclists as well as traffic obviously because people are not going abroad, so at least the economy has increased here. Things will improve and hopefully we will get back to some sort of normality soon.

To be continued...

POET'S CORNER

Kerry Darbishire, writer, songwriter and poet grew up in Skelwith Bridge near Ambleside and continues to live in a remote area of Cumbria. Kerry co-edited the new Cumbrian poetry anthology: This Place I know, Handstand Press.

In my Mother's Diary

Identifying the stems, leaves and flowers
is almost impossible –
laced to pale brown, brittle,
flaked into Autumn 1964.

Looking for a meaning, careful
not to break her days – their disarrangements
pressed as far as October, I picture her
clear as these blooms used to be:

harebell, clover, vetch, fern edging
old tracks, slow-grazing flocks in dawn mist.
She's striding out to catch the first scents
brushed from overblown slopes, quietly

slipping the morning into her rucksack
like a map. She waits for sun
to flint the Pikes, fire bracken back to life,
unwind slate routes through crags and ghylls

trying to make sense of it.
In childish hope I smell the frail reminders
as if to tease out the yellow, blue
and green of them.

Kerry's first poetry collection: 'A Lift of Wings' published in 2014 by Indigo Dreams Publishing, her second: 'Distance Sweet on my Tongue' 2018 can be obtained from: www.indigodreams.co.uk or contact: kerrydarbishire@gmail.com

Adventure on Great End

It was the 50's; the pre - real waterproofs era!

Our usual multi-dialect group was up in the Lakes for a sun-filled Easter and now assembled at Seathwaite, Borrowdale, with three fell-runners from Currock, Carlisle, with whom we were already happily acquainted.



Our intentions were to do a scramble up a gully on Great End and then walk on to the summit of Scafell Pike, whilst the Currock trio had planned some running and map-reading training in the Sty Head/Esk Hause area, but happily decided to join our expedition as well. Besides being hugely fit, they were always good company.

So whilst we plodded at a comfortable pace up Grains Ghyll towards the massive rock wall which is Great End, the fell-runners ran up an almost perpendicular side of Glaramara, then on to Allen Crag; SE to Angle Tarn; round it and back to the base of Great End in time for food, plus attempts in swapping local dialects with the Southern members of our group and a genuine interest in each others lives since their last meeting.

Immediately above us the black, rocky edge of Great End dominated the scene. It seemed to be crouching over us; a challenge-in-waiting. We counted 4 gullies, 3 of which we had already scrambled up at other times, though without the Currock trio. They were looking forward to a new experience of rock-scrambling.

Curiously, A. Wainwright had counted 8 gullies in Great End!
M.

To be continued...

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If you care about these things why not join a growing number of individuals in your community who are working to mitigate some of these issues?

Ambleside Action for a Future brings together people from all walks of life who are engaging in projects to develop renewable energy and improve energy efficiency, reduce food waste, grow trees, vegetables and pollinator-friendly flowers as well as lobbying for sustainable transport and other policy changes to benefit the planet. There is much more to do – from tea-making to tweeting!

To see a short film about our work, and the results of a recent survey of AAF AF members and others, go to our website: www.aafaf.uk

Come along and make a difference.

E-mail: aactionfaf@gmail.com or call Gillian on 01539433903





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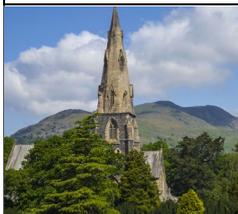
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Check out our website:

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You will find weekly updates on all our activities

and news from the

Ambleside Parish Centre.

We add pictures and links to on-line services, prayer meetings and much more. Please send pictures or posts that we can share to stmarysamblesidepcc@gmail.com

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Here in Ambleside, we have been making face-coverings. They are available from the Ambleside Parish Centre. To date we have distributed 200 and we have more still available. The lovely range of colour, size and styles are illustrated.

If you would like to help make them, and can sew, (and have your own sewing machine) Helen Minton would love to hear from you!



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I do a lot to help my elderly mum, like picking up shopping, sorting out her finances, making important calls and organising her post. But with lockdown in place I haven't been able to help her as much. I'm particularly worried about what I've heard about scammers at the moment, and I wondered whether there's anything I can do to help protect my mum?

There are a few steps you can take to keep your mother safe and lessen your need to worry.

With your mother's permission you can register her landline with the Telephone Preference Service. It's free to register and doing so will reduce the number of unwanted sales and marketing calls you receive. This won't block all unwanted calls (it won't work on calls from abroad or companies she's given her number to already, for example), so your mother will need to continue to remain vigilant, but it'll certainly lessen the number of them.

You can encourage your mother to talk to her phone provider to see what privacy services and call-blocking services are available. These services aren't always free but are useful in ensuring any call coming through is from a trusted or known source.

In terms of unwanted post, with your mother's permission you can contact the Mailing Preference Service to have her name taken off of any marketing lists. You can also contact Royal Mail and opt out of receiving any leaflets or unaddressed promotional material. Attaching a 'no junk mail' sign to her front door may also help with this.



It's also vital that you chat to your mother to help her spot the marks of a scam herself. At Citizens Advice we always advise the following:

- Be suspicious if you're contacted out of the blue, even if it's from a name you recognise
- If it sounds too good to be true it probably is
- Never give out your bank details unless you are certain you can trust the person contacting you
- Don't be rushed – you never need to make a decision straight away and if you feel pressured say “no”, hang up the phone, or close the door

If you find yourself needing to take over your mother's finances in the future, it's worth looking into a long term solution like a Power of Attorney.

Lastly, if your mother is receiving care from her local authority and you think she might be being scammed, it's worth reporting your concerns to their Adult Safeguarding team.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems.

South Lakes Citizens Advice

is still delivering a service - Telephone and Digital Advice

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Coronavirus 

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Zoom Services

I am reminded of the story of the man who had difficulty finding his destination and he eventually asked a stranger for help. The stranger considered his question and then said,
"If I were you I wouldn't start from here!"

I think that is how many of us feel about our present situation regarding meeting together as church. We would rather not be placed in this situation. St. Mary's along with other churches have been closed for public worship since March. During this time we have been grateful for technology that has enabled us to meet together 'virtually'.

We have been meeting together using Zoom for Sunday morning service as well as our Wednesday Evening Church group. This new form of meeting was well received after we found our way through all the settings and adjustments needed to make it work smoothly.

We are fortunate that we can do this. Had this virus afflicted us just a few years ago, this form of meeting would not be possible. Using Zoom we can see each other face to face from the comfort of our own houses and in a relaxed way, some of us with a cup of tea in hand. Quite a different experience to sitting in rows in church.

Now we are able to meet together in the church building, but with some significant changes: no singing, wearing masks, and following one way systems so as not to socialise together!

So I feel I am like the man asking for direction and hearing that we shouldn't start from here. Now that both forms of 'meeting' are possible we can make our choice, but I am left thinking that 'things aren't like they used to be', but grateful for what we have.

Graham



From the Registers



24th July: Interment of ashes for Dorothy Crossley at St Mary's Church, Ambleside.

Good News for Ambleside

Your church in Ambleside is committed to praying for its area. We have been doing this by praying for you, street by street, month by month. Now we would like to invite you to join us! Please tell us what we can pray for or give praise to God for on your behalf.

Rothay Road, Cheapside, Stock Ghyll Lane, North Road, Stock Terrace, Oaks Field, The Falls, Chapel Hill, Fair View Road, Fair View Terrace.

Do contact us and let us know what can we pray for you during September.

OCTOBER ISSUE

Please could all articles be emailed to Judith Dixon at **stmarysam-blesidepcc@gmail.com** by 7th September.

Could they please be in Microsoft word format or similar? **No PDFs please.** Larger articles should not be more than 250 words.

We will distribute the magazine through the St Mary's Church website and by email. If you would like a copy to be sent to you, please let me know.

Ambleside Baptist Church
Compston Road, Ambleside

Contact: Ray Lane 07732864679

Sunday: Church Services
11.00 a.m. Worship and Communion
6.30 p.m. Churches Together Contemporary
Service

Mater Amabilis Catholic Church
Wansfell Road, Ambleside

Contact: Fr. Kevan Dorgan 43402

Masses
Sunday: 9.30 a.m.
Tuesday and Thursday:
6.00 p.m.
Saturday: 9.30 a.m.

Contacts

Bell Ringers:
St. Mary's Ambleside:
Mr. P. Gardner 015398 23302

Holy Trinity Brathay:
Mr. C. Sutton 37368

Ambleside Parish Centre
Caroline Gunning 34172
Brathay Church Hall 33335

Ambleside Primary School:
Headteacher: Sarah Carrick 32181

St. Mary's Parochial Church Council
Secretary: Betty Potts 31851

Holy Trinity Brathay Parochial Church Council
Secretary: Lesley Swift 35967

The Magazine
Advert coordinator:
Marina Thomlinson 33119
Editorial: Judith Dixon 34512

stmarysamblesidepcc@gmail.com

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