

*April*

2021



**Ambleside**

and

**Brathay**



## **The Parish of St. Mary's, Ambleside**

**Mission Statement:** Our Church exists so that we can worship God together, help each other grow in the Christian Faith, care for all and share the good news of Jesus.

(St. Mary's Church, part of the Loughrigg Team - with Holy Trinity, Brathay and Holy Trinity, Langdale and in a local Ecumenical Partnership with Ambleside Methodist Church. Also a member of the Churches Together in Ambleside District)

<b>Team Rector*:</b>	<b>Rev Beverley Lock</b>	
	<b>The Vicarage, Millans Park LA22 9AD</b>	<b>33205</b>
<b>Team Vicar:</b>	<b>Rev. Nick Hallam</b>	<b>36069</b>
<b>Curate:</b>	<b>Rev. Jane Natrass</b>	<b>reverendjanemarylou@gmail.com</b>
<b>Administrator:</b>	<b>Judith Dixon</b>	<b>34512</b>

### **Church Services**

<b>Sunday:</b>	<b>8.00 a.m. Holy Communion</b>
	<b>11.00 a.m. Parish Communion</b>
	<b>(Second Sunday: Service of the Word)</b>
<b>Wednesday:</b>	<b>10.00 a.m. Holy Communion</b>

## **The Parish of Holy Trinity, Brathay**

**Contacts:** \* see above

### **Church Services**

<b>Sunday:</b>	<b>9.30 a.m. Holy Communion 1662</b>
	<b>(1st Sunday: Matins)</b>

### **Ambleside Methodist Church**

(meeting in the Wesley Room, Ambleside Parish Centre)

<b>Contact:</b>	<b>Deacon Maggie Patchett</b>	<b>015394 42971</b>
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### **Church Services**

<b>Sunday:</b>	<b>9.30 a.m.</b>
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**When there is a 5th Sunday in a month a United service of Baptist, Methodist and Anglicans in St. Mary's church.**

## **A message from the Rector:**

As I walked down the Slack last week I saw that lovely little card shop window.

‘Oh,’ I thought, ‘that looks lovely. So Spring-like and uplifting.’

The window has a sort of blue flower bunting and then honey bees and the start of an Easter tree with gold and yellow eggs hanging off it.

‘That’s nice,’ I thought, ‘I’ll pop in and get some cheerful Easter decorations ready for the holiday...

and then I remembered that nobody will be able to drop into the shop and pick one up. Non-essential shops are not opening up until after Easter. The fact is Easter – like so many things – will once again be different this year.

I started that mental telling myself off for being sad then I thought – “You know what that may not be the right thing.” The Bible teaches us that there is a necessary place for lament. That acknowledging loss is necessary and cannot be ignored. To pretend that all is hunky dory, that we are not sad, is like not grieving for a loved one. It is almost dishonest and the result is that it messes us up inside.

So instead I shared my frustration in a prayer with God. Telling him that it was ‘rude word, rude word, rude word’... that we can’t enjoy Easter and Spring with celebrations and family and... it was a painful conversation.

I felt reminded that there would have been no Easter Sunday until there has been a Good Friday. No big celebration of wrong being put right, of resurrection, until there has been a death – and a hard, cruel one at that. It is a pattern when we have lost so much that we need to acknowledge the loss and sit with those feelings for a time for something new to be born.

Jesus’ first followers knew the total despair of all their hopes and dreams shattered when they saw Jesus hanging on a cross on that fateful Friday. They were fearful. If an innocent man like Jesus could



be cut down in his prime, crucified for telling the truth to power, then anything cruel, unjust, wrong could happen in this awful world and hope seemed impossible. They were devastated.

But death could not hold Jesus. He came back – not in the same bodily form – but he returned to his followers and inspired them, gave them a bold spirit to go forward and to change the world. Much has happened in this church that is wrong since then but I thank God for the Christians who started education, prison reform, hospitals, anti slavey movements... the list goes on. It is beyond reason that all this could have happened if Jesus had remained a man in one place and influencing just those in his physical presence.

We do need to allow ourselves to acknowledge what we have lost in the last year. However the lament gives space to reflect. It helps us realise how precious certain things are to us. It also helps us realise that some things are not worth striving for; that other things are now our priority.

Many of us see that the society that we want to build coming out of this stage of this awful pandemic is one that is more climate aware, more caring, more just. That is resurrection – not going back to the old ways we have left - but going forward with a new more spiritual awareness.

Jesus Christ is risen

**He is risen indeed alleluia**

Happy Easter everyone.

## **Church is opening**

We are excited to announce that St Mary's church will be reopening for Sunday services from 18th April.

We will maintain social distancing and contact tracing for your safety.





## Services in April 2021

(for Brathay please see P. 12)

**Easter service plans have changed since the March magazine!**

*Please check our website for updates: <https://stmarysambleside.org.uk/news/>*

*To access online services, please contact Rev. Beverley Lock at [reverend.beverley@gmail.com](mailto:reverend.beverley@gmail.com)*

<b>Maundy Thursday 1st April</b>	7pm Holy Communion at St. Mary's Church.
<b>Good Friday 2nd April</b>	11am A reading of the Passion in St. Mary's Church 1-3pm The church will be open for private prayer
<b>Easter Sunday 4th April</b> 	<b>9.30am Online service (Zoom)</b> <b>11am Holy Communion in St Mary's Church</b> <b>followed by our traditional Easter egg hunt.</b>
<b>Sunday 11th April</b>	9.30am Online service (Zoom)
<b>Monday 12th April</b>	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom)
<b>Sunday 18th April</b>	9.30am Online service (Zoom) 11am Holy Communion in St Mary's Church
<b>Monday 19th April</b>	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom)
<b>Sunday 25th April</b>	9.30am Online service (Zoom)
<b>Monday 26th April</b>	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom)

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## News from the Parish Centre

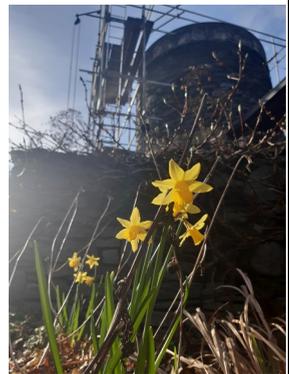
Like many other local businesses and organisations, we are beginning to plan for when we will be able to welcome people back with us here at Ambleside Parish Centre.

We are following the Government's guidelines carefully and working towards the key dates outlined in the Road Map. With this in mind, we are now taking bookings from June 2021, subject to any future changes in the Road Map. If you would like to enquire about a booking, please contact us at [admin@amblesidepc.org.uk](mailto:admin@amblesidepc.org.uk) or call us on 015394 37142.

As well as preparing the building for the return of regular classes and activities, we are also busy working with our own project groups to plan their re-introduction to the Centre. Just as before the pandemic, Evergreens, All Together Now, Our Place Youth Club and Games for Men will offer members and volunteers a variety of ways to connect with others.

From working with our project teams and speaking to other local organisations, it is clear that this past year has been exceptionally challenging for everyone within the community. No matter how old or what occupation or life stage, this global pandemic has impacted massively on peoples' physical and mental wellbeing.

Our aim at Ambleside Parish Centre is to provide a space for our community to gradually reconnect. We will offer a space to engage with others, provide access to positive experiences and become immersed in activities that will help to rebuild social connections, physical health and mental wellbeing. From June onwards, our project groups will be some of the ways in which you will be able to do this. We will share more details of their plans and how you can get involved in the coming weeks.



Sophie Bryde, Centre Manager

## **GENTLE EXERCISE ZOOM CLASS**

Every Friday at 11am

led by Ursula Brendling, Personal Trainer.

If you are interested in this class, please email Ursula at

[ursula@ursulatraining.co.uk](mailto:ursula@ursulatraining.co.uk)

and she will send you the link to the class.



## **Mid-week meeting**

### ***STUDY, PRAY, REFUEL***

Our Wednesday evenings Zoom meetings will run every 2 weeks. If you would like to join us, please contact Graham Sutton for the Zoom link.

The next dates will be:

- 7th April
- 21st April

**All are welcome!**



You would be most welcome to join St Mary's Church at a

## **Virtual Coffee Morning**

at 10.30am each Thursday

to catch up with friends and neighbours.

*Contact Rev. Beverley Lock for more details*





# Ambleside Natural History Society



## **Ambleside and District Natural History Society**

### **welcomes new members!**

*Despite lockdown, the Society is still meeting regularly for talks via the internet.*

*April's talk, given by moth expert Guy Broom, is*

***"Fantastic moths of Lakeland and where to find them".***

*If you are interested in joining us, please email the secretary at [ambleside.nhs@gmail.com](mailto:ambleside.nhs@gmail.com) and visit the website [www.anhs.org.uk](http://www.anhs.org.uk) for further details. You can also find us on Facebook and Instagram.*

### **Floodlighting Sponsorship**

To sponsor the church spire floodlights please either send an email to the parish office ([stmarysamblesidepcc@gmail.com](mailto:stmarysamblesidepcc@gmail.com)) with your name, the name of person you may wish to be remembered and a contact number or sign the book at the back of the church.

If the church is closed please send sponsorship money to Ambleside PCC c/o the Vicarage, Millans Park Ambleside. LA22 9AD. (*Cheques made payable to: St. Mary's PCC - Ambleside to the above address*)

BAC Account name: St. Marys Parochial Church Council

Account No: 80774251

SORT CODE 20-45-28

Thank you for your support.





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FOR  
A  
FUTURE**

## The 'Big Switch-Off'

AAFAF is working with Friends of the Lake District's Jack Ellerby, the Dark Skies Cumbria Project Officer, on a Big Switch-Off in

Ambleside on Saturday night, 10<sup>th</sup> April with the dual aim of saving energy - and seeing the stars! It's in International Dark Skies Week 5-12 April.

Cumbria County Council's Lighting Manager is arranging for road lighting to go off at 9.30pm until morning, so, given a cloudless sky, (let's hope and pray!) there'll be lots of opportunity for star gazing. Safety is fully considered and signs on all main roads will highlight the switch off before and on the evening. The University is also 100% supportive and the campus team are switching off their external lights, triggering the students to think of sustainability issues.

If you'd like to experience a world without light pollution and help our wildlife just for one night please help to co-create it by switching off your lights for a while – especially, please, your OUTDOOR lights. If you're a retailer or other business owner and you usually have overnight illumination, please consider switching it off for this one night as a part of this whole community event. Do tell your friends and neighbours.

Let's see if we can come together as a community and make the darkness as unbroken as possible. If we enjoy the experience, we could make it an annual event each autumn, hopefully when visitors can come and stay and see our enhanced night sky!

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## PARISH OF BRATHAY

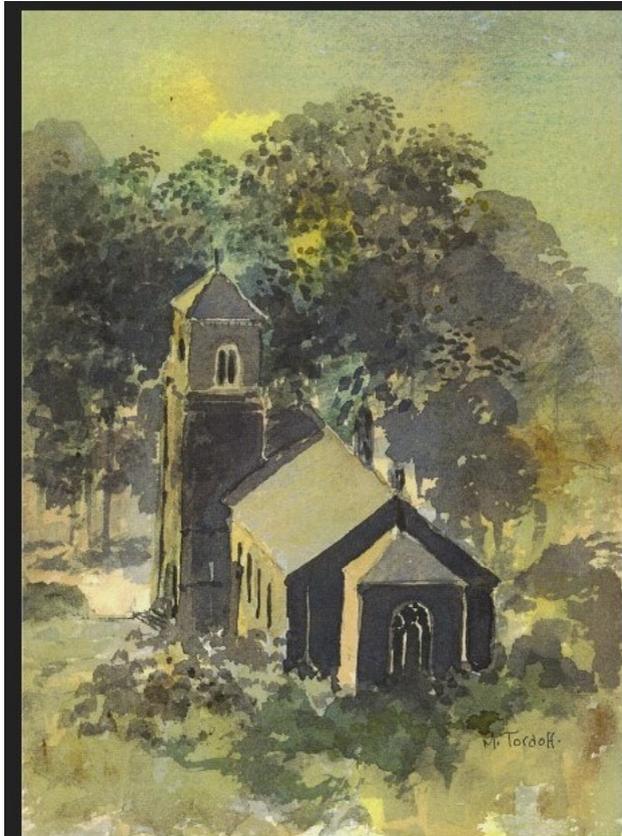
Holy Trinity Church, Bog Lane, Brathay, Nr. Ambleside LA22 0HS

Services in April:

Easter Sunday 4th April - 9:30am Holy Communion

Sunday 25th April - 9:30am Holy Communion 1662 BCP

*Online services are available at other times—see page 5 for details.*



## EVERY DAY LIFE AT BRATHAY - Thoughts over Brathay Bridge

I know I often refer to our Creator, but when I come to the bridge nearly every day the changes are always the same and cannot be just an accident.



Today is no exception, being the first of April; it is a lovely morning just as some of March has been. The trees are getting well open and although they are always beautiful to see, they do tend to cover a lot of the river so one has to make the best of it, and those who use it: animals, birds, and people. This morning a young lady is paddling up the river kneeling on a board and is about to get to the deeper and wider area where she will be more comfortable, at least until she gets to the rocks.

The Lambs are making their usual notice, as they are in the middle of lambing. They arrive and mother cleans them up before letting them have their first feed, most essential for their growth; I could stand and watch them all day.

The birds are busy getting insects enough to feed the youngsters. It really is perhaps the most wonderful time of the year. All the usual visitors are here; the buzzards are still here but only two today, right over the church which is quite unusual, and I still do not know where they nest.

The spring flowers were great this year and quite early due to the warmth, snow drops and the small daffodils were quite a sight. The swans have just landed on the river; they must be the same couple each year as there are many others left on Windermere. The wood peckers are still having a good go at their two favourite trees.

Summer will soon be here and visitors will be able to come to the Lakes and enjoy all that it has to offer. Let's hope the sun shines and we have a good season for everyone.

*To be continued...*

## POET'S CORNER

*Kerry Darbishire, writer, songwriter and poet grew up in Skelwith Bridge near Ambleside and continues to live in a remote area of Cumbria.*

### The Earth of Cumberland is my earth...

*in memory of Winifred Nicholson*

In the gallery vases spill windflowers, aconites,  
cranesbill, lily of the valley – colours of summer,  
autumn and fresh snowfall reunite  
like old friends.

Dry-stone walls hold back Mallerstang Moors,  
a sycamore cools the dip in a bold field as if  
it's the last graze on earth. And I'm breathing fell,  
sky, sea, home – all this that lived in her

*in her words, my paint brush always  
gives a tremor of pleasure when I let it paint a flower  
especially wild Cumbrian flowers.*

She knew the rush of light and dark,  
heartbeat of blue, Payne's grey and violet –  
violet she carried home from India to Bankshead  
kept it for sunlight to dress distance in mystery

until mountains and the River Eden swept her brush dry.  
I think of her pine palette – pigment leaching  
like water from flagged floors on the hottest days,  
deep limed walls seeping pink,

her love of flowers in bud – promises to come  
not yet arrived, altared in windows *turning air into perfume*,  
how years later  
it fills this room.

Kerry's first poetry collection: ***A Lift of Wings*** 2014, Indigo Dreams Publishing, her second: ***Distance Sweet on my Tongue*** 2018 can be obtained from:

[www.indigodreams.co.uk](http://www.indigodreams.co.uk) Postal Address: Indigo Dreams Publishing, 24 Forest Houses, Cookworthy Moor, Halwill, Beaworthy, Devon EX21 5UU.

Third collection: ***Jardinière*** – Hedgehog Press, to be published in Spring 2021

Contact: [kerrydarbishire@gmail.com](mailto:kerrydarbishire@gmail.com) or via Twitter @kerrydarbishire

## The Hare

One still and sparkling, dewy dawn,  
Such was my curiosity.  
I watched a solitary hare  
Crouching low by a spreading Juniper tree.

Why are you there? Why are you there?  
I whispered my questions quietly.  
And then the hare's secret was revealed  
Her skill and pleasure plain to see.

With a gentle paw she reached to a branch  
And stroked the dew down carefully.  
Then with her glistening, dew-soaked paw  
She washed her fur (along her ears and over her nose)  
Softly and repeatedly.

I hope not to forget the hare or tree  
But instead, that they will always be  
A source of enchantment  
In my memory.

M.



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## BIBLE STUDY GROUP

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- A national crisis that grows into a disaster and explodes into catastrophe.
- Shifting geo-politics.
- A personal story of ambition crushed by circumstance resulting in changed personal situation.

Sounds like headlines we have heard recently? Wondering what might be God's take on what can be the new normal ?

Join with the Bible study group on Wednesday 14th and 28th April (via Zoom) to continue a series of studies that just might resonate lessons from the looking at the Biblical past to our situation now.

***For further details and/or a Zoom invite contact Brian Lock at the Vicarage (Tel 01539433205)***



## LIVE GENEROUSLY

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or for Holy Trinity Church Brathay a cheque to 'Holy Trinity Church Brathay', Brathay Church Hall, Bog Lane, Ambleside LA22 0HS



**We've had a lot of issues receiving our post recently and haven't seen our usual postie around in a little while. Some of my neighbours who are shielding, and completely reliant on shopping online, have had some of their deliveries delayed too. Is there anything I can do?**

You're not alone. We know posties are currently working very hard, but we've seen a huge increase in the number of people coming to us for advice about post and parcel issues.

**Letters:** If you haven't received any letters in your post, think about if there's anything you were expecting like bills that might be due soon. If you're missing a bill you could check your account online to see how else you could pay. Lots of businesses offer online chat, email and phone as a way to contact them.

If you're worried about missing letters about any benefits you receive you can contact the Department for Work and Pensions on the number given on any previous letters you've had. If you have questions about Universal Credit and don't have a digital account, you can call the Universal Credit helpline on 0800 328 5644. You can check [Royal Mail's website](#) for updates on areas which may be experiencing delays.

**Parcels:** If you bought something from a business to be delivered, it's the seller's responsibility to make sure the item is delivered to you. If the seller used a courier, they should chase the courier to find out what's happened to your order - it's not your responsibility. Check the delivery address you gave the seller. Then contact them and ask where your order is.

If the seller claims they've delivered it or don't know where it is, you can ask for a redelivery. You might be able to get a refund in some circumstances where the delivery time was essential and you let the trader know ahead of time.

Under the Consumer Rights Act, you can ask the seller to deliver the item again if the item wasn't delivered either by an agreed date or within a reasonable time - usually within 30 days. If the new delivery fails to come within a reasonable time you can ask the trader for a refund.

***Call 015394 46464 - this is being staffed from 9:30 – 2pm***

***Adviceline: 03444 111 444***

***email advice on our website [www.southlakescab.org.uk](http://www.southlakescab.org.uk)***

***Help to Claim (Universal Support): 0800 144 8 444***

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## **EVERGREENS (Ambleside Parish Centre)**

### ***A social group for senior members of the community***



We are endeavouring to make broad plans to open up Evergreens at the Parish Centre again over the months ahead and in accordance with the national lifting of restrictions. Any plans are as yet tentative but it is good that we can at least begin to think about them! More details will emerge as we go but for now here is a general idea of what we are hoping for:-

**March 31<sup>st</sup>** Door to Door Easter Celebration – get your bonnets ready Evergreens!

**April to May** – Ongoing contact by Telephone, Newsletter and Door to Door Visits

**June** – Meet in Bubbles of 6 at the Parish Centre

**July to August** – Meet all together with opportunity through the summer to gather informally on a Wednesday afternoon and get used to one another again!

**September** – Return to our full, normal programme

***New Evergreens are always welcome, so if you or someone you know are interested in joining us, volunteering with us or just taking a peek, do let Teresa Onions, Evergreen Coordinator, know (works Wednesdays) Tel: 015394 34172, Email: evco.apc@gmail .com***

# Rydal WI



## RYDAL WI

All women in the Ambleside & Rydal area are warmly welcome.

The group continue to enjoy meeting fortnightly using the virtual reality program 'Zoom'. This has proved to be a lifeline for many as more members become familiar with the new technology.

Speakers are booked for future meetings with a 'Cheerful Chat' meeting on alternative Tuesday meetings.

As soon as restrictions regarding meeting in groups of 6 are permitted meetings in Rothay Park will restart. Similarly meetings allowing 6 to meet indoors will begin again in the Kelsick Centre as soon as that is allowed.

- \* Tuesday April 13th 10.30am John Mounsey (via Zoom) will be talking on '**Wildlife in the Garden**'.
- \* Tuesday April 27th 'Cheerful Chat' 10.30am either on Zoom or in Rothay Park.
- \* Tuesday May 11th 10.30am Meg Fletcher (via Zoom) will be talking on '**Working in Rwanda**'.

Croquet will commence on Monday afternoons in the grounds of Ambleside Cricket Club as soon as allowed by both government and the Cricket Club groundsman.

Jigsaws continue to be exchanged. Once social distancing restrictions are eased games of Rummikub will restart.

Information is available on the RYDAL WI website [www.rydal.btck.co.uk](http://www.rydal.btck.co.uk)



## Prayer Requests

Many of us are praying for our local communities and the world, especially during this difficult time, but sometimes our personal circumstances mean that we are not able to pray or need help from others. If you have a concern you would like us to pray for please email

[reverendjanemarylou@gmail.com](mailto:reverendjanemarylou@gmail.com).

If you do not have internet or email please ring Rev Beverley Lock on 01539 33205, Rev Nick Hallam on 015394 36069 or Rev Jane on 07475 669 657. Another way would be to post a prayer request through the letterbox in the Parish Centre fire exit door to the right of the front door. There is a locked box on the other side so it is very secure.

I will be in church every Thursday early afternoon to light a candle and pray for the local community of Ambleside and prayer requests that we have received. On the last Thursday afternoon of each month I plan to walk the streets that have been identified in the Parish Magazine for that month and pray as I walk around.

Every blessing,

Rev. Jane Natrass

## Confirmation

In the Church of England adults who have been baptised as babies have the opportunity to declare their faith once they are able to speak on their own behalf.

We have a special service of this confirming of faith – known as a ‘Confirmation’ – planned for next year.

If you would like to join us to consider the basics of the Christian faith please ring Rev. Beverley Lock 33205 for further details.



## From the Registers

### Funerals:

Clive Teasdale: funeral at Beetham Crematorium 1st March

Arthur Slee: ashes buried in Brathay 27th March

Dorothy Heap: funeral at Brathay 18th March

Patricia Williamson: funeral at Beetham Crematorium 22nd March.

Kathryn Rigg: funeral at St Mary's Church 31st March



## Good News for Ambleside

Your church in Ambleside is committed to praying for its area. We have been doing this by praying for you, street by street, month by month. Now we would like to invite you to join us! Please tell us what we can pray for or give praise to God for on your behalf.

**Compston Road, Wansfell Road, Birch Road, Old Lake Road, Lower Gale, Gale Howe, Gale Rigg, Gale Park, High Gale, Stock Ghyll Brow, Stock Ghyll Court, Ghyll Side, Gale How Park.**

Do contact us and let us know how we can pray for you during April.



## MAY ISSUE

Please could all articles be emailed to Judith Dixon at **stmarysam-blesidepcc@gmail.com** by 11th April.

Could they please be in Microsoft word format or similar? **No PDFs please.** Larger articles should not be more than 250 words.

Thank you!

**Ambleside Baptist Church**  
Compston Road, Ambleside

**Contact:** Ray Lane 07732864679

**Sunday:** Church Services  
11.00 a.m. Worship and Communion  
6.30 p.m. Churches Together Contemporary Service

**Mater Amabilis Catholic Church**  
Wansfell Road, Ambleside

**Contact:** Fr. Darren Carden 32283  
southlakesrc@gmail.com

**Masses**  
**Sunday:** 9.30 a.m.  
**Tuesday and Thursday:**  
6.00 p.m.  
**Saturday:** 9.30 a.m.

**Contacts**

**Bell Ringers:**  
**St. Mary's Ambleside:**  
Mr. P. Gardner 015398 23302  
**Holy Trinity Brathay:**  
Mr. C. Sutton 37368

**Ambleside Parish Centre**  
Sophie Bryde 34172  
**Brathay Church Hall** 39335

**Ambleside Primary School:**  
**Headteacher:** Sarah Carrick 32181

**St. Mary's Parochial Church Council**  
**Secretary:** Betty Potts 31851

**Holy Trinity Brathay Parochial Church Council**  
**Secretary:** Lesley Swift 35967

**The Magazine**  
**Advert coordinator:**  
Marina Thomlinson 39119  
**Editorial:** Judith Dixon 34512  
stmarysamblesidepcc@gmail.com

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