



May
2024

Ambleside
and
Brathay



The Parish of St. Mary's, Ambleside

Mission Statement: Our Church exists so that we can worship God together, help each other grow in the Christian Faith, care for all and share the good news of Jesus.

(St. Mary's Church, part of the Loughrigg Team - with Holy Trinity, Brathay and Holy Trinity, Langdale and in a local Ecumenical Partnership with Ambleside Methodist Church. Also a member of the Churches Together in Ambleside District)

Team Rector:	Rev. Andy Smith	015394 34512
Team Vicar:	Rev. Nick Hallam	015394 36069
Associate Priest:	Rev. Nicky Smith	015394 34512
Associate Priest:	Rev. Jane Natrass	jane@stmarysambleside.org.uk
Administrator:	Judith Dixon	015394 34512

Church Services

1st and 3rd Sundays:

11 a.m. Service of the Word

2nd and 4th Sundays:

11 a.m. Holy Communion

The Parish of Holy Trinity, Brathay

Contacts:	Rev. Nick Hallam	015394 36069
-----------	------------------	--------------

Church Services

1st, 3rd and 4th Sundays:

9.30 a.m. BCP Holy Communion

2nd Sunday:

9.30 a.m. Matins

Ambleside Methodist Church

(meeting in the Wesley Room, Ambleside Parish Centre)

Contact:	Revd Grace Cauldwell	01229 583198
		email: grace.southlakes@gmail.com

Church Services

Sunday: 9.30 a.m. Sunday Worship

When there is a 5th Sunday in a month a United service of Methodist and Anglicans in St. Mary's church.

It has been a few weeks since we celebrated Easter Day. Have you still chocolate eggs stashed away, diligently eating only a square a day? Or are they long gone, finished even before the long bank holiday weekend?

For Christians, the Easter story is the biggest celebration of the year, much bigger than Christmas, and too big just for one day. So we carry on with the celebration until the next big celebration, the day of Pentecost (sometimes called Whitsun), which this year is on the 19th of May—just a few weeks from now.



The story of Jesus and the Easter story, is that God has a human face, God has a human heart, and he shares with us the joys of life but also the suffering, sorrow and death itself. And then, on Easter Sunday, as we celebrate Jesus rising from the dead, we have hope even in the face of the most hopeless situations.

Then, the Pentecost celebration arrives, and we celebrate that Jesus, who has risen from the dead, sends us God's Spirit to be with each of us.

Jesus sending the Holy Spirit means God is with us. Whatever we face, whatever life throws at us, we are no longer alone, but he is with us. It gives great comfort and joy. And it is this same Holy Spirit that, throughout history and still today, motivates Christians to try and care for those in need, whether running food banks, visiting those in need or campaigning to eradicate modern slavery.

There are so many things in life, whether riding a bike or trying a new food for the first time, that you only really find out if it works by giving it a go. The story of Jesus and then his sending God's Spirit at Pentecost, and the life and hope that this brings, is found in giving it a go. And so this Pentecost, I invite you to try; you really have nothing to lose and everything to gain.

With prayers and best wishes,

Andy

Events and services in May
(for Brathay please see P. 11)

Wednesday 1st May	11am Holy Communion at Millans Court
Sunday 5th May	11am Service of the Word
Monday 6th May	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom)
Sunday 12th May	11am Holy Communion
Monday 13th May	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom) 2pm Monday Meet-up
Sunday 19th May	11am Service of the Word
Monday 20th May	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom) 2pm Monday Meet-up
Sunday 26th May	11am Holy Communion
Monday 27th May	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom) 2pm Monday Meet-up



AMBLESIDE
PARISH CENTRE

May: a month of colour and the heart-warming promise of sunny days ahead!

Firstly, a big Thank You to our secret gardeners who kindly tend the garden area to the entrance of the centre, keeping it looking loved, neat and welcoming. What stars you are – thank you! If anyone has any ideas and time to improve the sloping area opposite the school car park, let us know.

Our recent hosting of the Health & Wellbeing Festival, organised by the Grange & Lakes ITC was a great success bringing together various organisations and representatives to offer invaluable advice on health and wellness.

In a new initiative, we welcome bookings from Scout Groups, DofE Groups, etc for residential stays, giving them the opportunity to make the most of our facilities for a comfortable camping experience while exploring Ambleside and surrounding areas.

We initially held a weekly Community Lunch, but due to volunteer shortage this is now only held once a month. Using donated surplus food items from local shops, these free 3 course hot lunches not only alleviate food waste but bring the community together socially. With just 2 -3 extra volunteers we could reinstate weekly lunches, sign up for Fareshare deliveries, helping maintain our commitment of zero waste. Each team would be required to volunteer once a month. So, if you fancy joining this very friendly group please contact Gale in the office.

May dates for your diary

Dementia Support Group Tuesday 21st 10.30 – 11.30. Wesley Room.

Community Lunch Thursday 30th 12.30 – 1.30

Community Events

Evergreens - every Wednesday 2 – 3pm. Wesley Room.

Games for men – every Monday 1.30 – 3.00pm. Our Place Room.

And much much more...

Swifts in Ambleside

By the time you read this, the swifts will be on their way back to us for the summer, having spent the winter over central Africa. For the last five years, volunteers have been recording their numbers and monitoring nest sites around Ambleside. Last year, the largest count was on June 16th when 60 birds were seen over the Millans Park. And that's before the young had left their nests! We found 21 buildings being used, and 27 suspected nest sites. Another 20 nests were found in the nearby villages. But these numbers were well down on those in some previous years. If you would like to join in with counts, have information about where they are nesting, or just would like to find out more about these amazing birds, please contact Pete Martin via thorncottage@hotmail.com or on 07816686166.



This summer: look up to the skies once more!



**AMBLESIDE
ACTION
FOR
A
FUTURE**

**BIG PLANT GIVE AWAY
SATURDAY 25TH MAY
2 TO 4.30PM
AMBLESIDE PARISH CENTRE**

- * FREE plants to take home
- * Pot up herbs & learn about their uses.

- * Plant a Sunflower
- * Learn about compost
- * Craft activities

Homemade cakes

Free entry

More info: Contact Pete Martin on 07816 686166



VERNON RIGG AND SON

PAINTERS AND DECORATORS

Interior and Exterior

6, High Green Bank, Ambleside
TELEPHONE 015394 34382

BEETHAM & DEAN

WOODBURNING STOVE SUPPLIERS & FITTERS.
BESPOKE FIREPLACES.
CHIMNEY SWEEPS, NEW POTS, COWLS AND LINERS.

015394 32255 / 07881 818497

www.amblesidestoves.co.uk
Showroom at 2 Bridge Street, Ambleside

A.Slade Treeworks

Specialising in all aspects of tree works,
hedge cutting and stump grinding.

Fully insured and qualified.

Please contact for a free quotation.

e: asladetreeworks@gmail.com

t: 015394 34295 m: 07889 151539



Feeney & Ives

Painters & Decorators
Domestic & Commercial
Interior & Exterior

Phone

015394 36243 or 015394 37469

feet first mobile footcare

No queues, no waiting, no parking

07813 969006

General footcare

Hard skin removal. Nail cutting.

Corns callous removal.

Reflexology

A natural way to heal the body

www.feetfirstmobilefootcare.co.uk



Temple Heelis

SOLICITORS

Have you made a Will or considered tax planning?
Do you have a Lasting Power of Attorney?
Are you buying or selling a house?

For a friendly and professional service please call in at
Temple Heelis, Kelsick Road, Ambleside, LA22 0BZ

www.templeheelis.co.uk T. 015394 82550

D. Giggle & Sons

EST. 1977

Painting & Decorating Services

Interior & Exterior

General Maintenance Repairs

31 Castlefield, Ambleside, Cumbria LA22 9BQ

07896092447

dgiggle@aol.com

PARKIN & JACKSON

MONUMENTAL MASONS

NEW MEMORIALS, 2nd INSCRIPTIONS

Tel: 01539 722838



Fresher's Café

Fresh homemade food,
drinks & cakes in a cosy
family run establishment!

Tel: 07969 578517

'PEGASUS WINDOW AND GUTTER CLEANING'

Call Calvin Routledge

07886252929

www.pegasuswindowcleaning.co.uk

LilyLou's of Ambleside

Florist for all occasions
Specialising in Wedding
& Funeral Flowers

1, The Slack

Ambleside

01539433121



RAP-Moto Garage

The Green, Ambleside

Full range of car repairs

Tel 015394 32864 / 07950 854790

D.Dixon

Professional Carpet Cleaning Services

FLOOD RESTORATION

Call Duncan on
Ambleside 33053

Mobile 07891 281075

FREE ESTIMATES



COMPETITIVE
RATES



RELIABLE LOCAL &
FRIENDLY SERVICE

The Ambleside Salutation Hotel & Spa

www.hotelslakeditrict.com
Tel 015394 32244

Centrally located in the heart of Ambleside offering luxury accommodation, comfortable lounge and bar, leisure facilities and our exclusive Waterfall Spa by Clarins.

Stay with us for an indulgent Lakeland break away and be looked after by our friendly welcoming team in first class surroundings.

Open for non-resident dining and Spa treatments when pre booked in advance.

Katie Keighley

Counselling & Therapy

In person • Online via Zoom • Telephone

T: 07786 471245

www.katiekeighleycounselling.co.uk

AMBLESIDE ONLINE

Local News

Advertise your business locally
and to the world

www.amblesideonline.co.uk

COOK HOUSE GALLERY

Original Paintings & Fine Art Prints

CHURCH STREET, AMBLESIDE

TEL: 33861

www.cookhousegallery.co.uk

F. GARSIDE

BUTCHER

NORTH ROAD, AMBLESIDE

TELEPHONE 32211



Westmorland Homecare

Want to work for a company awarded within the top 10 care services in England?

We offer £15.00 - £17.00 for new starters, our new £300 Training bonus, industry leading training in our offices and a culture like no other.

Contact us on kendal@westmorlandhomecare.co.uk or call on 01539 725107

ROD POWLEY

Garden Care

Est. 1989

All your garden needs taken care of.

Tel. 0777 117 6092

J. F. MARTIN & CO.

*Hardware, Ironmongery, Paints,
Key Cutting, Paint Mixing*

COMPSTON ROAD, AMBLESIDE

TELEPHONE 32138



The
Walnut
FISH BAR

Millans Park
Ambleside
015394 32521

CONTRACT GARDEN SERVICES STEPHEN HALTON

Est. 1992

*Mowing & Strimming. Garden clearance.
Pruning. Hedge Trimming. Tree felling.
Landscaping. Walling. Fencing.
Hotel garden & ground work.*

ALL YOUR GARDEN NEEDS

TEL:- 01539431417

OR

Mobile 07922147944

AMBLESIDE FOREST & GARDEN MACHINERY CENTRE

BELLS KELSICK GARAGE, KNOTT STREET,
AMBLESIDE

Main Dealers: Stihl - Husqvarna

Sales - Service - Parts - Hire
Collection and Delivery

*Most Leading
Makes Supplied*

Contact Jonathan Bee on
AMBLESIDE 33683



Ways of Praying

You are all invited to an evening experiencing some contemplative prayer methods. Anyone, at any stage of their prayer life would be most welcome. The aim is simply to draw closer to God.

This will take place on **Tuesday May 21st, 7pm at the Braithwaite Hall, Far Sawrey.**

Any questions then please do get in touch.

christopherphilipsmith1990@gmail.com

Chris Smith, Curate in the Hawkshead United Benefice

Support Group

For those with dementia, their carers and friends

at Ambleside Parish Centre

on Tuesday 21st May
at 10.30 – 11.30 am

Information, Games and Leaflets
available

Elaine Ravenhall from Alzheimers
Society will also be joining us.

*More details 015394 34172
admin@amblesidepc.org.uk*



Reliable and friendly service, contact us for a **free estimate**

Mike Fearon & Holly Bean: **07918 800 248** or **015394 22162**

Email: info@greenvalleygardeners.co.uk

Fully insured We cover the **central lakes** area

DOT

DOT Lakes

Complete Web Design & Development

DOT

07506 559 208

info@dotlakes.co.uk

www.dotlakes.co.uk

Hawkshead Music for a Summer Evening

The popular event **Music for a Summer Evening** returns to Hawkshead Parish Church in June and July with a varied programme of 11 concerts and recitals. The programme, which has been running at the 12th Century Church for almost 60 years, provides an entertaining series of musical concerts for Cumbria residents and summer visitors to the area.



The free concerts are mostly on Tuesday evenings over in June and July at Hawkshead Parish Church. The full programme can be found on our church website:

<https://stmarysambleside.org.uk/music-summer-evening-hawkshead/>



Christian Aid week – 12 – 18th May 2024 **Will you help someone push back against poverty this Christian Aid Week?**

Aline felt the full force of extreme poverty

when an early marriage ended in abuse and violence.

Separated from her six children, she was forced to sleep on the streets of Burundi.

No home. No healthcare. No security.

But Aline was determined to push back against the inhumanity of poverty, driven

by hope, faith and the love of her children. She transformed her life with a little help from Christian Aid.

With your support, more families can build reliable and diverse incomes that bring them food security, better health, safer homes, increased resilience and hope. **Give today at christianaid.org.uk or**

fill your envelope and return it to St Mary's Church or the Ambleside post office.



PARISH OF BRATHAY

Holy Trinity Church, Bog Lane, Brathay, Nr. Ambleside LA22 0HS

Services

1st, 3rd and 4th Sundays: 9:30am - BCP Holy Communion

2nd Sunday: 9:30am - Matins

BRATHAY CHURCH HALL near Ambleside (LA22 0HS) is available to hire by the day or the hour. Audio Visual Equipment is available and DVDs can be played on a large screen, making the Hall most suitable for presentations. We also have full internet access.

The Hall can accommodate at least 40 people depending on the type of function and seating layout desired. Local Clubs, organisations and private parties are most welcome. Ample parking and accessible toilet facilities.

To book, please email office@stmarysambleside.org.uk

Please join us at our regular

Coffee Mornings

Thursdays at 10am in the Church Hall



Coffee and Scones and a good chat.

Everyone very welcome

Thoughts over Brathay Bridge

I come here every morning and other times of the day and I never seem to get fed up with it. The scene is always changing and today there are real signs that winter has passed. Hopefully the wet weather will pass as the trees are turning green and any spring flowers not beaten down by the rain will have the chance to enjoy some sunshine.

I'm seeing more cars and vans parking in the laybys and taking of any available space as the visitors start to return.

I've just had a lovely conversation with a couple from Canada. They were staying near Ambleside and had brought their little boy for a walk along the riverbank. They told me that, much to their son's delight, they had seen a small deer, and I feel



that there could be some more further up the valley. Although with the noise the young lad was making, they were probably miles away by now. It is always surprising how long these animals do hang about, especially without being frightened by others. It is quite interesting to watch the reaction of children and the interest of the parents. All different to each other.

Being near the church they wanted to go in, so I opened the main door and let them in. It always makes me very happy to see others appreciate our beautiful church and as in their words "set in such wonderful scenery". As I said goodbye, watching as they walked down the hill and being surrounded by the wonders of our creator, I had to smile.

To be continued...



Garden Maintenance | Café | Gifts | BBQs | Plants | Home Delivery

Here for all your gardening needs ☎ 015394 33434 🌐 www.hayesgardenworld.co.uk

Happier You Nutrition

Nutritional & Lifestyle Coaching to support weight management, sleep, energy levels, stress management & sports nutrition.

Amanda Sarjant – Nutritional Therapist and HeartMath Coach

Member of BANT, ANP, CNHC, GNC and fully insured
amanda@happierounutrition.co.uk

07780 483801

One to One and group courses available – in person and online

A healthier you makes for a happier you.



AMBLESIDE PET SHOP

Paws by the Lake
admin@pawbythelake.co.uk



Becoming You...

I work as a life coach to help people find their own answers.

If you are struggling with stress or anxiety, send me a message - I will always get back to you.

Emotional Freedom Technique (also known as Tapping). Hypnotherapy

Sue Birkett 07786 120316

sue@becomingyoulifecoach.co.uk

DRY AND FROZEN PET FOOD

PET ACCESSORIES TOYS AND TREATS

DOGGY PRAM HIRE

FREE FITTING SERVICE

For Harnesses, Coats, Dry Robes and Life Jackets

Open 7 days a week 10am - 5pm

AMBLESIDE PET SHOP

Paws by the Lake, The Old Toll House Waterhead
Cumbria LA22 0EZ

Tel: 01539 432014 www.pawsbythelake.co.uk

SPEDDING Electrical

t: 015394 36281 m: 07880701754

e: dspeddingelectrical@btinternet.com

Electrical Heating · Lighting · Audio & TV Installations
Replacement Consumer Units · Car Charging Points Installed
Free quotes · 24/7 Call Out Services · Repairs & Fault Finding



Foxghyll Calm & Beauty

Facials - Waxing - Massage
Manicures and Pedicures

Call to book

Mobile: 07507 948066

www.foxghyllcalm.com e: foxghyll.calmbeauty@gmail.com



LAKE DISTRICT TREE SERVICES

07766 812691

hello@ldtreeservices.co.uk



Live-in care & companionship

An affordable alternative to a Residential Care Home

01254 375023 · 07419 111981

g.derbyshire@promedica24.co.uk
www.promedica24careathome.co.uk



RICHARD PICKFORD

- Garden Maintenance -

Lawns, Hedges, Pruning, Jet Washing

Tel. 0783 727 9476



Something to celebrate!!

Peace Reconciliation Freedom

ROYAL BRITISH LEGION There's plenty that's difficult to celebrate these days, but an anniversary is coming up of an event which changed all of our lives for the better – “D Day”.

Many people have a direct connection to someone who served in the Second World War through family or community heritage, but as residents of this country are free citizens living at peace under (whatever its imperfections) a democratically elected government, owe it all to that generation who endured so much either on the battlefield or home-front over 5 long years of war. The D Day landings remain the largest seaborne invasion in history and were a pivotal moment in the Second World War.

That is why communities up and down this country and throughout France are coming together in different places to honour this 80th Anniversary. Government, Parish Councils, schools, community groups, individuals old and young will be celebrating the peace, reconciliation and freedom we too often take for granted. In different parts of the country there will be: beacons, bellringing, singing, eating together... as well as prayers of gratitude and commemoration.

Some of these will be happening in **Ambleside on June 6th** – just how many depends partly on you! Our event is still very much a work in progress, but please make a note of the date now.

If you have any ideas, skills, time or energy(!) to contribute please get in touch with

George Wrigley, British Legion Chaplain, on georgewrig@hotmail.com

or Lisa on Langdales.Chairman@rbl.community



Join us at

Ambleside Parish Centre

in commemoration of

80th Anniversary of D DAY

Sunday June 9th

2pm – 4pm

Afternoon Tea & Cakes

Free event - booking essential

Contact Judy 07739597350 or Allison 07549519133

Ambleside Welfare Charity are seeking a tenant to operate Mechanics Public Convenience in the centre of Ambleside behind the Doi Intanon Restaurant.

This is a business opportunity for a sole trader or a group of friends who are prepared to operate the toilet on an 'attended' basis with hours to suit.

Please contact Michael Johnson Clerk to the Charity on 07706847112 for further details.

Peace Days

*“Everybody knows the war is over.
Everybody knows the good guys lost...”*

That second line of Leonard Cohen’s song may prove all too prophetic about the outcome of some of the conflicts raging in our world at present. Conflicts where children are kidnapped, separated from their families and brainwashed, where killing any number of civilians is justified if one militant enemy is also killed, where official spokespeople lie deliberately, where UN edicts are flouted, every protocol of the Geneva Convention ignored and even Humanitarian Aid Workers targeted... all too often “the bad guys” seem to be winning; but war has a way of bringing out the worst in all combatants, even the “good guys”.

We watch all this in nightly News Bulletins accompanied by pictures so gruesome they give us nightmares. We are citizens of a liberal Western democracy... surely there is something we can do?

Churches Together organised Quiet Days for Peace in Ambleside Parish Church at the start of the year, on Wednesday each week, when people were welcome to come in, perhaps light a candle, perhaps sit or kneel, and make an intention for peace whether by prayer or meditation. Roughly seventy people took this opportunity (while about ninety others entered to look around the building during the same time).

Several of those who did come were very glad of the space to quieten their minds and at least feel that they were doing something by lifting up the whole terrible situation up to God. And some appreciated the chance to do this together with someone else who felt similarly oppressed by the mess and danger our world is in. Others said it helped them just to be still and concentrate on this important thing for 20 minutes or so in a way they never would have done at home with all its inevitable distractions! Some of us cling to the hope that God hears and answers prayer... although the answer can be very slow in coming. We have let all people in Ambleside, both residents and visitors, know that we care about

what is happening and that we wish the wars and suffering to end. All the churches are united in this prayer.

St Mary's and Mater Amabilis are always open for prayer and meditation, or we can always pray in the privacy of our own homes or on solitary rambles. So please continue to lift these situations up to God. There are some Prayers for Peace on the St Mary's Church website if people find them helpful.

A big thank you to Rev Andy Smith and St Mary's PCC for allowing us the use of their building in this way, and to all the volunteers who staffed the church putting in a minimum of an hour each day.

George Wrigley & Terry Winterton (Co-Chairs of the local Churches Together)

Rydal WI

In March members enjoyed a meal prepared and served by students at Kendal College. We also took advantage of the half price for locals offer by The Mountain Goat company and several members journeyed over to The Yorkshire Dales for a very enjoyable day trip.

Rydal WI



In April it was the annual council meeting for the county federation. At our own April meeting Chris Winnick spoke very knowledgeably all about butterflies we are likely to see around us, their caterpillars, lifecycles and so on and members agreed they had learned a great deal to help and encourage these vital insects.

Our talk at the next meeting on May 14th is by our new local PCSO.

Come and join us at 7.30pm in The Wesley Room or on Fridays at 1.30pm for Rummikub sessions (except for the 2nd Friday of the month).

*For more information contact our secretary
rydalwisec@gmail.com*

Trading Standards Approved
Chimney Sweep
Est. 1992

Andrew Backhouse
015394 45117 or 07763145594

EDMONDSON LONGMIRE

FUNERAL SERVICE

Est over 100 years

24 Hour Service
Complete Funeral Service
Private Chapel of Rest

The Chapel

Glebe Road, Bowness on Windermere LA23 3HB

Ambleside & Windermere

015394 43427

edmondsons@beethamhall.co.uk

STEVEN DIXON

Building Contractors Ltd.
New Build Extensions, Renovations, Walling, Slating
Telephone: 34537 / Mobile 07703 358 463
www.smdixonbuilders.co.uk

Motorbody Accident Repair Centre Ltd

Mechanical & Bodyshop
Greystones Garage, Hawkshead LA22 0PZ
Tel 015394 36667 or 36771

Class 4,7 MOT Testing

Motorbody A R C Ltd
Your local Approved Coal Merchants

For best prices of smokeless fuels and kiln dried logs

Deliveries throughout area

For prompt attention tel: 015394 36667/36771
Where a member of staff will be happy to help



GIRL FRIDAY

Decorating - Gardening
PA work - Business cover
Cleaning - De-cluttering

Call Isabel

0787 622 4013

AMBLESIDE TREE SERVICES LTD

Est. 1988

For all aspects of Tree surgery, Felling & Removal
Tree Stump Grinding & Removal, Hedge Cutting
Fully Insured and work carried out to BS3998

Tel: Allan Prickett

015394 33889 / 07970471723

◆ FRED ◆ **Fred Holdsworth's**
Bookshop
Ambleside Independent Bookseller
Est 1956
Telephone: 015394 33388

BOOKS
F
HOLDSWORTH

Davenport & Scott

SOLICITORS

Moving House, Buying or Selling a Business

Have you made a Will?

We offer the complete range of legal services

For a friendly and personal service contact us

Telephone: 015394 31919

Lancaster House
Lake Road
Ambleside
LA22 0AD

Next day ordering service.
An extensive range of Maps,
Guides, Fiction, Non-Fiction,
Children's, Classics and Jigsaws.



Central Buildings, Ambleside LA22 9BS

SELLING & LETTING QUALITY HOMES LOCALLY

FINE & COUNTRY

MATTHEWS
BENJAMIN

Ambleside 015394 32220 Windermere 015394 47717
Lancaster 01524 380560 Garstang 01995 917895
Morecambe 01524 384960

C.P. LISHMAN LTD.

BUILDING CONTRACTOR

Extensions : Renovations : Conversions
Blockwork : Stonework : Plastering : Roofing
Damp-proofing : Tanking : Timber Treatments

Sovereign Approved Contractor

Tel: AMBLESIDE 33681

Ursula Brendling

Personal Trainer

www.ursulatraining.co.uk

Be the best you can be

Tel: 07743 046667

(Fully qualified coach and CIMPSA registered)



Ambleside & District Choral Society

Spring Concert

VIENNA'S GOLDEN AGE

Saturday 4th May 2024 at 7.30pm, St Mary's Church, Ambleside

A magnificent programme of contrasting choral works, each composed and performed in Vienna between 1760-1808.

Mozart – Requiem in D

Haydn – Insanae et Vanae Curae

Beethoven – Choral Fantasia

Conductor – Marco Giudici

Laurie Ashworth – Soprano

Wendy Sharrock - Mezzo

Nicholas Hurndall Smith – Tenor

Robert Gildon – Bass

Juanjo Blázquez – Piano

Ambleside & District Choral Society

The Lonsdale Ensemble: Leader, Julian Cann

***Tickets £15 including glass of wine, u-21 £7, children free,
available online at www.amblesidechoralsociety.org.uk or from
Fred's Bookshop, or at the door.***

Network Youth Church Update – Chris Mason

South & Central Lakes Mission Communities

The Lakes School

Chris is in the Lakes School on Monday's term time, he runs 'Chill Out' with Katy Hall (NISCU) a lunch club for young people to play games, chat and eat their lunch. Chris also partners with NISCU in offering a listening service for young people who value time out to chat.

Windermere Drop In

Windermere Drop In continues Friday's after school, where young people hang out in the porch of St Marys Church to play games, chat, and eat snacks. We are looking at more ways of engaging with the young people on Fridays, but need volunteers, particularly female, if you are interested in getting involved, please contact Chris.

Primary Schools

Chris goes in regularly to Langdale and Hawkshead schools and occasionally into Ambleside. There is a big team of people that contribute to primary schools and it was great to take part in the recent Experiencing Easter, led by Cathy Ellis. Please pray for year 6's as they prepare to move schools in September.

Meeting To Pray

We would love for you to join us at our regular youth & children focussed prayer breakfasts. We typically meet for informal prayer, chat, pastries, and coffee on the third Tuesday of every month 8.30 – 9.30am at St Marys, Windermere and you are welcome to stay and chat after. This is subject to change so get in touch if you are planning to come for the first time.

Thanks,

Chris Mason,

Network Youth Church Leader

Email: chris.mason@carlisediocese.org.uk

Mobile: 07770099260



NETWORK
YOUTH CHURCH

What's on at The Armitt: Museum, Gallery, Library

- **Photography Walk with Chris Routledge**
Tuesday 14th May – 10am-1pm – tickets £12

Walking around with the idea of taking photographs can change the way we see. During this workshop you'll get expert advice on composition and tips on how to work more creatively. Bring a camera or even just your phone. Meet at the Armitt Museum to start the walk.

- **Cook out in with Fell Foodie and Alex Staniforth**
Thursday 16th May – 6pm-7:30pm – tickets £15

As part of our “Running Int’ Fells” events programme for mental health in May, Alex Staniforth and Harrison Ward will share their stories about how getting out into the fells – running, swimming, walking – have helped them to push through times of struggle.



- **The Hills Have Eyes - Roman and Native in the Lake District**
with John Reid – Tuesday 28 May – 2pm-3:30pm – tickets £5

Recent work at Ambleside Roman Fort by Trimontium Trust and Edinburgh University have brought to light a number of disturbing discoveries that suggest the fort suffered episodes of cataclysmic conflict. Dr John Reid, Chair of the Trimontium Trust will bring us up to date with the latest results.



Museum now open Wednesday-Sunday, 10am-5pm PLUS the first Tuesday of every month: £6 adults (with free return visits within 12 months), £4 students, Free for under 16s

Rydal Road, Ambleside, LA22 9BL, 015394 31212

www.armitt.com, info@armitt.com

From the Registers

Funeral:

Dennis Jackson on 3rd April at St Mary's

Interment of Ashes:

Peter Machell on 24th April at St Mary's

Val Jackson would like to say thank you for all the cards and support she and the family have received following the sad loss of Dennis Jackson whose funeral was held in April.

Good News for Ambleside

Your church in Ambleside is committed to praying for its area. We have been doing this by praying for you, street by street, month by month. Now we would like to invite you to join us! Please tell us what we can pray for or give praise to God for on your behalf.



Lake Road, Blue Hill Road, Stone Croft, Fisherbeck Park, Fisherbeck Lane, Badgers Rake, Skelghyll Lane, McIver Lane, Waterhead Close, Borrans Road and The Borrans.

Do contact us and let us know what can we pray for during May.
Email Judith Dixon: office@stmarysambleside.org.uk or telephone: 015394 34512

JUNE ISSUE

Please could all articles be emailed to Judith Dixon at **stmarysamblesidepcc@gmail.com** by 11th May.

Could they please be in Microsoft word format or similar? **No PDFs please.** Larger articles should not be more than 250 words.

Thank you!

Hope Church Ambleside

(formerly Ambleside Baptist Church)
Compston Road, Ambleside

Contact: Ray Lane 07732864679

Church Services

See our website hopechurchambleside.org

Mater Amabilis Catholic Church

Wansfell Road, Ambleside

Contact: Fr. Ajish Kumpukkal 015394 33027
southlakesrc@gmail.com

Masses

Sunday: 9.30 a.m.

Tuesday: 9.30 a.m.

Contacts

Bell Ringers

St. Mary's Ambleside:

Mr. P. Gardner 015398 23302

Holy Trinity Brathay:

Mr. C. Sutton 015394 37368

Ambleside Parish Centre

Sophie Bryde 015394 34172

Brathay Church Hall

015394 33335

Ambleside Primary School

Headteacher: Alison Broom 015394 32181

St. Mary's Parochial Church Council

Secretary: *vacant*

Holy Trinity Brathay Parochial Church Council

Secretary: Lesley Swift 015394 35967

The Magazine

Editorial and Advert coordinator:

Judith Dixon 015394 34512

office@stmarysambleside.org.uk

**ambleside
opticians**

local, independent
community eye care

the old mill north road ambleside
la22 9dt 015394 31331

NHS & private eye
examinations

Comprehensive
contact lens care

NHS emergency eye
care service

D & M Bailey Electrical Contractors

NAPIT Approved Contractor

Domestic • Commercial • Specialists in Test and Inspection
and Fault Finding • Landlords Certificates • Pat Testing

- From a small job to a re-wire -

Tel Isaac on 07747 424408

Email zacbailey1@yahoo.co.uk

JN WILSON LTD

JOHN DEWHURST FUNERAL DIRECTOR

Hawkshead, Ambleside

Telephone 015394 68217

*24hr Service - Private Chapel
Funeral Plans available*

email: jnwilsonfuneralservice@gmail.com

HOME SUPPORT

Need an extra pair of hands?

General Cleaning, Spring Cleaning

Shopping, Ironing

CRB Checked, References Available

Telephone Fran: 07870681074

*Janet
Smedley*

M.C.S.P., H.C.P.C. Registered



Chartered Physiotherapist

Phone: 07831 219849 • janet@jesphysio.co.uk

Get the Care You Need

www.jesphysio.co.uk

Unit C, Dixon's Court, 101 Lake Road, Ambleside, Cumbria LA22 0DB

MAGENNIS PLUMBING & HEATING

The Workshop, Compston St, Ambleside

TELEPHONE: 34606

Mobile: 07738825412

email: info@ambleside-plumber.co.uk

www.ambleside-plumber.co.uk

For all your joinery needs



**RYAN SMITH
JOINERY SERVICES
AND MANUFACTURING**

54 Limethwaite Road • Windermere • LA232DU

07825185584 • 01539447478

ryansmithjoinery@outlook.com

WS Architecture Ltd

William Sutherland RIBA

Cluan Rydal Road Ambleside

LA22 9BA

(015394) 34489

E-mail wsarchitect@me.com

Web: www.lakedistrict-architect.co.uk



STEPHEN P BOWE



**Professional
Painter
and
Decorator**

Quality Workmanship Guaranteed
Interior & Exterior~Competitive Rates

FREE ESTIMATES

Tel 015394 88438 Mob 07740872043

SEAN DAVIDSON

Int & Ext Painter & Decorator

Tel 015394 33331

Mob. 07548 882940

*To advertise in this space
please contact:*

Mrs J Dixon

stmarysamblesidepcc@gmail.com

LEE BLACK

MAINTENANCE SERVICES

Minor roof and gutter repairs

Household maintenance and odd jobs

For your home and holiday lets.

Telephone 07531238624

or Email leeblackmaintenance@gmail.com