

Ruach- find your space to breathe

www.ruach.space
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Newsletter Autumn Winter 2024



Creative Creating

I wonder what creativity means to you? I am part of a group of spinners, weavers and dyers (alongside other related craftiness, we are a very relaxed group!) and it often strikes me that we are all creative, just like God is creative. Some of us can see numbers, and bring them to life, others can write or speak with power and tact. Some can look at a blank wall and see it filled with beautiful imagery. But frankly if you offer me the opportunity to explain a spreadsheet of numbers I will probably cry! They are a total mystery to me!

Ruach is built on the idea that not everybody is creative or created in the same way. We are all made in God's image, but with different things that fill us with joy and terror. We are all invited to spend time with God, to follow Jesus, and to be filled with God's divine spirit, but the way we do this will be different depending on our personality and varying creativities. A network of different worship and discipleship experiences being one church is nothing new to how we work as Methodists, but too often we think the way we are used to is "the right way" rather than one of a number of ways of worshipping and being disciples. What fills you with joy? How can you use that to deepen your faith?

At Ambleside

The core of my work these last few months has been in Ambleside, working alongside the Anglican and Methodist Churches in working out what it means to be together as a church for the community. For the annual lights switch on we hired an inflatable helter skelter to put in church, with

free coffee and snacks.

We are also planning a permanent prayer room.

Sunday evening Meditation is developing into a distinct community, and midweek reflective communion offers a different, more intimate approach to worship.

Our interns are settling in well, and watching them grow is a privilege.

Hawkshead and Windermere

Hawkshead continues to be a delight, with a wedding in early September, we know the footfall will drop over the winter, but continue to offer a space to pray.

Windermere is currently in transition as we seek a core group to beg in work, recognising that the local churches have had a turbulent few months in terms of buildings and ministry.



you are so welcome!

Pause and Pray

Each week we are encouraging everyone to Pause and Pray at noon on a Monday and at 8pm on a Thursday. In doing so we seek God's blessings and guidance on the work of Ruach.

prayer points

That the Parish Centre will employ the right centre manager

That we find a willing treasurer for the Parish Centre

That I will find space to be creative "in public" over the coming months

