

end

Prathay

The Parish of St. Mary's, Ambleside

Mission Statement: Our Church exists so that we can worship God together, help each other grow in the Christian Faith, care for all and share the good news of Jesus.

(St. Mary's Church, part of the Loughrigg Team - with Holy Trinity, Brathay and Holy Trinity, Langdale and in a local Ecumenical Partnership with Ambleside Methodist Church. Also a member of the Churches Together in Ambleside District)

Team Rector:	Rev. Andy Smith	015394 34512
Team Vicar:	Rev. Nick Hallam	015394 36069
Associate Priest:	Rev. Nicky Smith	015394 34512
Associate Priest:	Rev. Jane Nattrass	jane@stmarysambleside.org.uk
Administrator:	Judith Dixon	015394 34512

Church Services

1st and 3rd Sundays: 11 a.m. Service of the Word 2nd and 4th Sundays: 11 a.m. Holy Communion

The Parish of Holy Trinity, Brathay

Contacts:	Rev. Nick Hallam	015394 36069
	Church Services	
1st, 3rd and 4t	h Sundays:	
	9.30 a.m. BCP Holy Communion	
2nd Sunday:	9.30 a.m. Matins	
(meet	Ambleside Methodist Church ing in the Wesley Room, Ambleside Pari	Second and a second sec

Contact:	Revd Grace Cauldwell email: grac	07341 960506 e.southlakes@gmail.com
Thursday:	Church Services 1.45 p.m. Worship	
	ere is a 5th Sunday in a month a ethodist and Anglicans in St. Mar	

Dear Friends,

We're excited to announce some upcoming changes to our service pattern at St. Mary's Ambleside, designed to create more opportunities for everyone to encounter God, especially younger people, students, families, youth, and those who may be new to church.



9:15 am Reflective Service - This service will continue to offer a quiet, contemplative space for those who appreciate a traditional style of worship. With communion most weeks, well-loved hymns, and thoughtful moments of reflection, this service will retain a familiar feel, featuring seasonal variations and gentle use of times of silence for prayer and reflection.

11:00 am Contemporary Service - We're introducing a new 11:00 am service with a fresh approach to welcome all generations, particularly those who may be new to church, including students, families, and youth. This service will focus on creating a vibrant, engaging space where we can encounter God through contemporary worship, prayer, and community. We'll also regularly eat together over lunch, sharing good food and conversation as we build connections and get to know each other better.

Shared Hospitality - From 10:15 to 11:00 am, we'll have a shared time of hospitality for both congregations to connect over coffee and conversation. We believe this time will help build a sense of unity across our church, creating a space where everyone feels at home.

Our aim is to create a welcoming environment where people of all ages can explore faith and experience God's love in a way that resonates with them. Whether you're someone who regularly attends church, is thinking about coming back after some time away, or is just curious about exploring spirituality, we invite you to join us on November 17th as we begin this new chapter.

With blessings, Andy Smith, Team Rector, Ambleside

Events and services in November (for Brathay please see P. 11)		
Sunday 3rd November	11am Service of the Word 2pm Remembering service	
Monday 4th November	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom) 2pm Monday Meet-up	
Wednesday 6th November	11am Holy Communion at Millans Court	
Sunday 10th November	11am Holy Communion - Remembrance Day 3pm British Legion Remembrance Service	
Monday 11th November	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom) 2pm Monday Meet-up	
Sunday 17th November	9.15am Reflective service 10.15 Shared hospitality 11am Contemporary service	
Monday 18th November	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom) 2pm Monday Meet-up	
Sunday 24th November	9.15am Reflective service 10.15 Shared hospitality 11am Contemporary service	
Monday 25th November	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom) 2pm Monday Meet-up	

Another busy month at APC!

We are delighted to report that phase 1 of the plan to reduce our carbon footprint and be more energy efficient will be complete by the end of the



year. All lighting on the ground floor will have been replaced by LEDs and light sensors will be in all toilets. This has been possible because of the funds raised by our wonderful Hospitality Team at Craft Fairs, Hugh Dickson when he shared his amazing photographs of his travels to Antarctica, and to "Friends" of APC. Westmorland & Furness Council awarded us a grant and we are already planning Phase 2 to replace the lighting on the other two floors. Thank you to everyone!

It was lovely to see so many visitors coming along to the 50th Annual Ambleside & District Art Society Exhibition where, once again, local artists were able to proudly display their creativity.

In addition to our weekly timetable of classes and activities, there are even more exciting events at the Centre this month:

Friday 8th November – Ambleside Kirkstone Rotary 'Big Easy Quiz' - tickets £5pp from Fred's Bookshop.

Saturday 9th November – Tabletop Sale with refreshments available.

Saturday 16th November – Craft Fair with soup, home-made cakes and refreshments available all day.

Wednesday 27th November – APC's Annual General Meeting open to everyone.

Thursday 28th November – Community Lunch, all welcome.

Saturday 30th November – the Ceilidh returning after last year's wonderful evening.

For further information see our website www.amblesidepc.org.uk or Facebook page, Tel 015394 34172 or Email



Ambleside Parish Church Sunday 10th at 3pm

LEST WE FORGET

Coffee Morning



Saturday November 23rd Kelsick Centre

10am to 12 noon

Bring your friends and join us

Homemade Cakes Tea Coffee Raffle

You are warmly invited to come to the Remembering Service at St Mary's, Ambleside on Sunday 3rd November at 2pm



An opportunity to spend time with others who mourn the loss of family members or friends. Whether you have been bereaved recently or not, the service gives you time and space to remember and reflect, and, if you wish, to light a candle in memory.

If you would like your loved one's name to be read out in the service, please email their name to

office@stmarysambleside.org.uk or ring 015394 34512

REFLECTIVE COMMUNION

Ambleside Parish Centre

South Lakes Circuit

Thursdays 1:45-2:30pm

Gather with others for a quiet and peace-filled service, hearing words of comfort and love, praying for ourselves and others. All are welcome, whether you have a faith or are simply curious. No need to book.

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Rydal WI

We are based and meet in Ambleside.

As the autumn shows its colours we look back on our summer theatre trip to TBTL to see "The Hound of the Baskervilles" which was a hilarious version of the story and very much enjoyed by members.



Our previous two meetings have both had fascinating speakers. In September former member Julie Hartley described the walk she, her husband and canine companion completed last year from John O'Groats to Land's End, accompanied by some marvellous photographs showing the variety of the scenery.

Last month local author Polly Greathead (writing under the name PJ Annan) described the process involved in producing her first novel and expanded on the research she had completed on the sophisticated ancient civilisations which have fed into the plot of her book.

Croquet sessions have now finished but Rummikub carries on at the library on Fridays at 1.30pm (except for the 2nd Friday in the month). This is open to anyone.

Members continue to support the community lunch at the Parish Centre.

Our next meeting is our AGM on Tuesday November 12th, 7.30 pm in The Parish Centre Wesley Room with an additional talk by one of our members.

New members are always welcome. Come along to find out more.

PARISH OF BRATHAY

Holy Trinity Church, Bog Lane, Brathay, Nr. Ambleside LA22 OHS

Services

1st, 3rd and 4th Sundays: 9:30am - BCP Holy Communion

2nd Sunday: 9:30am - Matins

BRATHAY CHURCH HALL near Ambleside (LA22 OHS) is available to hire by the day or the hour. Audio Visual Equipment is available and DVDs can be played on a large screen, making the Hall most suitable for presentations. We also have full internet access.

The Hall can accommodate at least 40 people depending on the type of function and seating layout desired. Local Clubs, organisations and private parties are most welcome. Ample parking and accessible toilet facilities.

To book, please email office@stmarysambleside.org.uk

Please join us at our regular

Coffee Mornings

Thursdays at 10am in the Church Hall



Coffee and Scones and a good chat.

Everyone very welcome

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Advertising space

Would you like to advertise your local business in this magazine?

We have a few spaces available for the year beginning July 2022.

Annual fees: £60 for a single slot, or £120 for a double slot.

Please contact Judith Dixon at Office@stmarysambleside.org.uk

HEALTH AND WELLBEING DROP-IN

at Ambleside Library.

This session is aimed at vulnerable people in the community and it's a safe space to have a 1:1 chat about health and wellbeing and to find out more about our services: physical health, mental health, social wellbeing.

Every third Monday of the month 11.30am to 12.30pm Next drop in: 19th November



These are the top five to look out for:

1. Fake texts and emails, known as 'friend-in-need scams' - these are messages from unknown numbers claiming to be from your relatives/ children, asking you for money. Be suspicious! It's okay to take your time. Try to contact them directly on a known number. Only consider the request if you're 100% sure it is genuine.

2. Home Improvement scams - if you're being pressured to pay upfront for work, or the company adds on additional costs before completing the work, it might be a scam. Research the company first, don't be rushed, and get a written agreement of the work before it starts. Pay by card, which gives you greater protection.

3. Online shopping scams - watch out for fake adverts. If it looks too good to be true, it may well be! Protect yourself by reading reviews from different websites, find the company's details on the Companies House website, check their terms and conditions, and pay by card.

4. Used car scams - when buying a car, avoid scammers by using an established firm with a good reputation. Check the car's history. Inspect the car and take a test drive. Avoid buying at auction or online – you have less protection.

5. Financial scams - if you're contacted for an investment opportunity unexpectedly online it could be a scam. Get advice from a trusted source and don't be rushed into making any quick decisions. Never give money, passwords or bank details to someone you don't know or have only met online.

For more help, visit <u>www.citizensadvice.org.uk</u> or contact South Lakes Citizens Advice <u>015394 46464 (</u>9.30am – 2pm, Monday – Friday) CancerCare Christmas Fair and Coffee Morning Saturday 7th December 10.30am - 12.30pm at The Kelsick Centre Ambleside A variety of stalls to sell baked goods, preserves, toys, a tombola, raffle, and Christmas items Entry £2 (includes coffee and biscuits)

We look forward to seeing you on the 7th

Curious about Quakers?

Come join us for a chance to pause, reflect and connect. Meetings for worship (followed by coffee and conversation), every 2nd and 4th Sunday of the month, 1030-1130 at Colthouse Quaker Meeting House, LA22 OJU, 10 minutes walk from Hawkshead village (WhatThreeWords location: thrilled.roughness.display.) We are a free-thinking movement with a long tradition of challenging norms, helping the disadvantaged and working for peace – and of seeking direct spiritual connection in silence. If you are curious to attend a Meeting, or just want to find out more about who we are, drop us a line to <u>contactcolthousequakers@gmail.com</u>, visit us at <u>https://</u> <u>www.discoveringquakers.org.uk/</u> – or just come along any 2nd or 4th Sunday. You will be welcome!

Dementia Support at Ambleside Parish Centre

Tuesday 19th November

10.30am – 11.30am

Come along for a coffee and a chat. Elaine from the Alzheimers Society will be joining us

More details 015394 34172

barratt573@btinternet.com



Our next talk will be on Thursday November 14th

A Wilder Skiddaw Forest

Stephen Trotter from Cumbria Wildlife Trust will be talking about the plans for the hopefully-soon-to-be acquired upland reserve. England's highest nature reserve will involve restoring over 3,000 acres, including peatland, wildflower meadows and temperate rainforest.

7.30pm at the Beehive at the University.

All welcome

Back by popular demand *!* Ambleside Kirkstone Rotary's **Big Easy Quiz** Ambleside Parish Centre Friday November 8th Quiz 7.30pm Bar opens at 7pm Quiz Prizes & Raffle Teams of 4

Tickets £5pp from Fred's Bookshop

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What's on at The Armitt: Museum, Gallery, Library in November-December 2024

Norman Nicholson's Poetry with Dr Laura Day Sunday 10 November – 2pm – tickets £10

Laura Day will discuss her personal reflections on Nicholson's work in the 21st century after walking in the spaces he wrote about.

Armitt Talk Series: The Burneside Whale Tuesday 26 November – 2pm – tickets £5

Whalebone arches were once a common sight across Britain, especially near to whaling ports like Hull, Dundee, and London. The Burneside jaw bones are among the few now remaining. This talk will explore the strange popularity of whalebone as decoration and status symbol in the 18th and 19th centuries.





Christmas Tales with Taffy Thomas Thursday 19 December – 4pm – tickets coming soon

Come along for festive fun with traditional Yuletide stories and crafts with Taffy Thomas, first storytelling laureate, and The Armitt.

It will also be the final opportunity to see the "Running Int' Fells" exhibition before it ends on Saturday 21 December 2024.

Museum open Wednesday-Saturday, 10:30am-4:30pm PLUS the first Tuesday of every month £7 adults (with free return visits within 12 months), £4 students, Free for under 16s

Rydal Road, Ambleside, LA22 9BL, 015394 31212, <u>www.armitt.com</u>, <u>info@armitt.com</u> Please note the museum will close from Sunday 22 December 2024 throughout January and early February 2025 for new exhibition installations. Keep an eye on the website for the reopening date in 2025.

School News - Ambleside CE Primary School

The first half-term has been a hive of activity in school with lots of different events and visitors.

We hosted our annual McMillan Coffee Morning a few weeks ago which was a great success. Our



families were so generous in donating lots of lovely cakes for the coffee morning and many gave up their time to help serve the refreshments. We are so grateful for their support and couldn't have done it without them. Our older children also helped out on the day before all of the children came together to perform some songs for our visitors. The wider Ambleside community came out in force to support us and collectively we took £585 in cash donations on the day which has now been donated to McMillan Cancer Support.

Our Key Stage 2 children recently enjoyed a visit from Impact International who led an afternoon of workshops with them with a focus on resilience and overcoming challenges. The children were set some fun challenges to complete and learnt that, by giving things a go, sharing ideas and working together as team, they could overcome the challenges set for them. It was a really enjoyable afternoon and it was so lovely to see the confidence boost that it gave many of them.

We've also enjoyed a visit from the children's author Tom Palmer. Many of our children enjoy reading Tom's books and it was a great opportunity for them to hear first-hand about Tom's journey to becoming a writer and about the topics that inspire him to write his stories. The visit also gave our children the chance to revisit some of their learning about the Second World War. Many of Tom's stories are set in that time period and Tom was able to share interesting facts about Cumbria during that time. A truly inspirational visit for the children and we can't wait to welcome Tom back into school again in the future!

Mrs Broom - Headteacher



Delivering the Parish Mag

We aim to deliver a magazine to all the houses in the parish, but we have vacancies to deliver to one or two streets. If you could take on a monthly slot, please get in touch.

Good News for Ambleside

Your church in Ambleside is committed to praying for its area. We have been doing this by praying for you, street by street, month by month. Now we would like to invite you to join us! Please tell us what we can pray for or give praise to God for on your behalf.



Lake Road, Blue Hill Road, Stone Croft, Fisherbeck Park, Fisherbeck Lane, Badgers Rake, Skelghyll Lane, McIver Lane, Waterhead Close, Borrans Road and The Borrans.

Do contact us and let us know what can we pray for during November.

Email Judith Dixon: office@stmarysambleside.org.uk or telephone: 015394 34512

DECEMBER/JANUARY ISSUE

Please could all articles be emailed to Judith Dixon at office@stmarysambleside.org.uk by 11th November.

Could they please be in Microsoft word format or similar? **No PDFs please.** Larger articles should not be more than 250 words.

Thank you!

Hope Church Ambleside (formerly Ambleside Baptist Church) Compston Road, Ambleside				
Contact:	Simon Gregory	07947486740		
Church Services Sunday: 11 am at The Kelsick Centre Please see our website www.hopechurchambleside.org for more info				
	Mater Amabilis Catho Wansfell Road, Am			
Contact:	Fr. Ajish Kumpukkal	015394 33027 southlakesrc@gmail.com		
	Masses			
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	Contacts			
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Brathay Chur	ch Hall	$015394\ 33335$		
Ambleside Pri	mary School			
Headteacher:	Alison Broom	$015394\ 32181$		
St. Mary's Parochial Church Council Secretary: vacant				
Holy Trinity H Secretary:	Brathay Parochial Church (Lesley Swift	Council 015394 35967		
The Magazine Editorial and	Advert coordinator: Judith Dixon	015394 34512 office@stmarysambleside.org.uk		



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