

*December/*

*January*

2024/25

**Ambleside**

and

**Brathay**



## **The Parish of St. Mary's, Ambleside**

Mission Statement: Our Church exists so that we can worship God together, help each other grow in the Christian Faith, care for all and share the good news of Jesus.

(St. Mary's Church, part of the Loughrigg Team - with Holy Trinity, Brathay and Holy Trinity, Langdale and in a local Ecumenical Partnership with Ambleside Methodist Church. Also a member of the Churches Together in Ambleside District)

Team Rector:	Rev. Andy Smith	015394 34512
Team Vicar:	Rev. Nick Hallam	015394 36069
Associate Priest:	Rev. Nicky Smith	015394 34512
Associate Priest:	Rev. Jane Natrass	jane@stmarysambleside.org.uk
Administrator:	Judith Dixon	015394 34512

### **Church Services**

1st and 3rd Sundays:

11 a.m. Service of the Word

2nd and 4th Sundays:

11 a.m. Holy Communion

## **The Parish of Holy Trinity, Brathay**

Contacts: Rev. Nick Hallam 015394 36069

### **Church Services**

1st, 3rd and 4th Sundays:

9.30 a.m. BCP Holy Communion

2nd Sunday:

9.30 a.m. Matins

## **Ambleside Methodist Church**

(meeting in the Wesley Room, Ambleside Parish Centre)

Contact: Revd Grace Cauldwell 07341 960506  
email: grace.southlakes@gmail.com

### **Church Services**

Thursday: 1.45 p.m. Worship

When there is a 5th Sunday in a month a United service of Methodist and Anglicans in St. Mary's church.

It's Christmas Eve - it's dark out-side, the church is packed with families, the atmosphere is alive with excitement. The children stand with their lighted candles, the music starts and the church lights are dimmed. In the candlelight the children's voices fill the air as they celebrate the birth of our Lord Jesus Christ, the greatest gift of all.

**The Light of the world is come.**

**St. Mary's Church, Ambleside will be holding its**



## **Christingle service**

**at 5.30pm on Christmas Eve.**

Introduced by the Children's Society over fifty years ago, Christingle Services have raised money to help vulnerable young people all over the United Kingdom.



Over a million children nationwide will be taking part in candlelit Christingle services this year. Please come and join in this wonderful occasion at Ambleside - but arrive in plenty of time - it's always a full house!



**Stay Curious**

**Try Alpha**

**Course starting 13th January 2025**

**3-4pm Ambleside Parish Centre LA22 9DH**

To book, call 015394 34172 or  
email [socials@stmarysambleside.org.uk](mailto:socials@stmarysambleside.org.uk)

## Events and services in December and January

(for Brathay please see P. 11)

<b>Sunday 1st December</b>	9.15am Reflective service 11am Contemporary service
<b>Monday 2nd December</b>	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom) 2pm Monday Meet-up
<b>Wednesday 4th December</b>	10.30am Holy Communion at Millans Court followed by Carols
<b>Sunday 8th December</b>	9.15am Reflective service 11am Contemporary service
<b>Monday 9th December</b>	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom) 2pm Monday Meet-up
<b>Wednesday 11th December</b>	6pm - Community Carol Service
<b>Sunday 15th December</b>	9.15am Reflective service 11am Contemporary service
<b>Monday 16th December</b>	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom) 2pm Monday Meet-up
<b>Sunday 22nd December</b>	9.15am Reflective service 11am Contemporary service
<b>Monday 23rd December</b>	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom) 2pm Monday Meet-up
<b>Tuesday 24th December</b>	5.30pm - Christingle 11pm - Holy Communion at Midnight

<b>Wednesday 25th December</b>	11am - Christmas Day
<b>Sunday 29th December</b>	9.15am Reflective service 10.15 Shared hospitality 11am Contemporary service
<b>Monday 30th December</b>	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom)
<b>Sunday 5th January</b>	9.15am Reflective service 11am Contemporary service
<b>Monday 6th January</b>	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom) 2pm Monday Meet-up
<b>Wednesday 8th January</b>	11am Holy Communion at Millans Court
<b>Sunday 12th January</b>	9.15am Reflective service 11am Contemporary service
<b>Monday 13th January</b>	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom) 2pm Monday Meet-up
<b>Sunday 19th January</b>	9.15am Reflective service 11am Contemporary service
<b>Monday 20th January</b>	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom) 2pm Monday Meet-up
<b>Sunday 26th January</b>	9.15am Reflective service 11am Contemporary service
<b>Monday 27th January</b>	9am Mission Community prayers (Zoom) 10am St Mary's prayers (Zoom) 2pm Monday Meet-up

Dear Friends,

As we approach the Christmas season, I'd like to warmly invite you to join us for our special Christmas celebrations at St. Mary's Ambleside. Christmas is a time when we reflect on the profound hope, peace, and joy brought into the world through the birth of Jesus Christ. His arrival speaks of God's love for all people and His desire to draw near to us. Whether you have a long tradition of churchgoing or are simply curious about the deeper meaning of Christmas, we welcome you to come and celebrate with us.



We warmly invite you to our Christmas services:

**Carols by Candlelight** – Wednesday 11th December at 6pm.

**Christingle Service** – Tuesday, 24 December at 5:30 pm, a family-friendly celebration with candles and carols.

**Midnight Communion** – Tuesday, 24 December at 11:00 pm, as we reflect and welcome Christmas Day with reverence and joy.

**Christmas Morning Celebration** – Wednesday, 25 December at 11:00 am, a joyful gathering to celebrate the birth of Christ.



In addition to these special services, we've also introduced changes to our regular Sunday worship to provide more opportunities for all ages to engage with faith in a way that feels meaningful and authentic.

### **9:15 am Reflective Service**

This service offers a peaceful and contemplative space for those who

appreciate traditional worship. With communion most weeks, well-loved hymns, and moments of quiet reflection, it provides a sacred time to pause, pray, and reconnect with God.

### **11:00 am Contemporary Service**

Our new 11:00 am service is designed to be more informal, welcoming people of all generations, including families, youth, and students—especially those who might not be familiar with church. Through contemporary worship music, prayer, and a focus on community, this service creates a space where everyone can explore faith at their own pace. Afterward, we regularly share lunch together, deepening our connections over good food and conversation.

We hope you'll join us this Christmas and beyond, as we celebrate the joy and love that Jesus brings to the world.

With blessings and warm Christmas wishes,  
Andy Smith, Team Rector, Ambleside

## **South Lakes Circuit The Methodist Church**

### **REFLECTIVE COMMUNION**

**Ambleside Parish Centre**

**Thursdays 1:45-2:30pm**

Gather with others for a quiet and peace-filled service, hearing words of comfort and love, praying for ourselves and others. All are welcome, whether you have a faith or are simply curious. No need to book.

## VERNON RIGG AND SON

PAINTERS AND DECORATORS

*Interior and Exterior*

6, High Green Bank, Ambleside  
TELEPHONE 015394 34382

## BEETHAM & DEAN

WOODBURNING STOVE SUPPLIERS & FITTERS.  
BESPOKE FIRE PLACES.  
CHIMNEY SWEEPS, NEW POTS, COWLS AND LINERS.

015394 32255 / 07881 818497

www.amblesidestoves.co.uk  
Showroom at 2 Bridge Street, Ambleside

### A. Slade Treeworks

Specialising in all aspects of tree works,  
hedge cutting and stump grinding.  
Fully insured and qualified.

Please contact for a free quotation.  
e: asladetreeworks@gmail.com

t: 015394 34295 m: 07889 151539



### Feeney & Ives

Painters & Decorators  
*Domestic & Commercial*  
*Interior & Exterior*

Phone

015394 36243/37469 or 07900 682524

### feet first mobile footcare

No queues, no waiting, no parking

07813 969006

#### General footcare

Hard skin removal. Nail cutting.  
Corns callous removal.

#### Reflexology

A natural way to heal the body

www.feetfirstmobilefootcare.co.uk



## Temple Heelis

SOLICITORS

We advise clients on buying and selling residential, rural and  
business properties and land, company and contract matters,  
wills, powers of attorney, trusts and probate, and family law.

Please contact us or call into our Ambleside office.

"Leading Lakeland Lawyers"

www.templeheelis.co.uk

T. 015394 82550

### D. Giggie & Sons

EST. 1977

Painting & Decorating Services

Interior & Exterior

General Maintenance Repairs

31 Castlefield, Ambleside, Cumbria LA22 9BQ

07896092447

dgiggie@aol.com

### PARKIN & JACKSON

MONUMENTAL MASONS  
NEW MEMORIALS, 2nd INSCRIPTIONS

Tel: 01539 722838

www.parkinandjackson.co.uk



Fresher's Café

Fresh homemade food,  
drinks & cakes in a cosy  
family run establishment!

Tel: 07969 578517

### 'PEGASUS WINDOW AND GUTTER CLEANING'

Call Calvin Routledge

07886252929

www.pegasuswindowcleaning.co.uk

### LilyLou's of Ambleside

Florist for all occasions  
Specialising in Wedding  
& Funeral Flowers

1, The Slack

Ambleside

01539433121



### RAP-Moto Garage

The Green, Ambleside

Full range of car repairs

Tel 015394 32864 / 07950 854790

### D.Dixon

Professional Carpet Cleaning Services  
FLOOD RESTORATION

Call Duncan on  
Ambleside 33053

Mobile 07891 281075  
FREE ESTIMATES

COMPETITIVE  
RATES

RELIABLE LOCAL &  
FRIENDLY SERVICE



## The Ambleside Salutation Hotel & Spa

[www.hotelslakeditrict.com](http://www.hotelslakeditrict.com)  
Tel 015394 32244

Centrally located in the heart of Ambleside offering luxury accommodation, comfortable lounge and bar, leisure facilities and our exclusive Waterfall Spa by Clarins.

Stay with us for an indulgent Lakeland break away and be looked after by our friendly welcoming team in first class surroundings.

Open for non-resident dining and Spa treatments when pre booked in advance.

## Katie Keighley

*Counselling & Therapy*

In person • Online via Zoom • Telephone

T: 07786 471245

[www.katiekeighleycounselling.co.uk](http://www.katiekeighleycounselling.co.uk)

## AMBLESIDE ONLINE

Local News

Advertise your business locally  
and to the world

[www.amblesideonline.co.uk](http://www.amblesideonline.co.uk)

## COOK HOUSE GALLERY

*Original Paintings & Fine Art Prints*

CHURCH STREET, AMBLESIDE  
TEL: 33861

[www.cookhousegallery.co.uk](http://www.cookhousegallery.co.uk)

## F. GARSIDE

BUTCHER

NORTH ROAD, AMBLESIDE  
TELEPHONE 32211

## ROD POWLEY

Garden Care  
Est. 1989

*All your garden needs taken care of.*

Tel. 0777 117 6092



## PAVERS

WHY NOT POP INTO YOUR LOCAL STORE?

PAVERS SHOES  
HAYES GARDEN WORLD, LAKE ROAD, AMBLESIDE

## J. F. MARTIN & CO.

*Hardware, Ironmongery, Paints,  
Key Cutting, Paint Mixing*

COMPSTON ROAD, AMBLESIDE  
TELEPHONE 32138



The  
Walnut  
FISH BAR

Millans Park  
Ambleside  
015394 32521

## CONTRACT GARDEN SERVICES STEPHEN HALTON

Est. 1992

*Mowing & Strimming. Garden clearance.  
Pruning. Hedge Trimming. Tree felling.  
Landscaping. Walling. Fencing.  
Hotel garden & ground work.*

ALL YOUR GARDEN NEEDS

TEL:- 01539431417

OR

Mobile 07922147944

## AMBLESIDE FOREST & GARDEN MACHINERY CENTRE

BELLS KELSICK GARAGE, KNOTT STREET,  
AMBLESIDE

Main Dealers: Stihl - Husqvarna

Sales - Service - Parts - Hire  
Collection and Delivery

*Most Leading  
Makes Supplied*

Contact Jonathan Bee on  
AMBLESIDE 33683



## **Ambleside & District Choral Society**

### **Christmas Concert**

**At St Mary's Church, Ambleside**

**On 14th December**

**at 7.30pm**



The joy and wonder of Christmas is at the heart of Ambleside & District Choral Society's Christmas .

The performance begins with Joseph Haydn's 'Lord Nelson' Mass, written in troubled times in 1798, with its dramatic harmonies and powerful melodies.

In the troubled times of our own contemporary world, the simple warmth and humanity of the Nativity story continues to capture our emotions, often through the words and music of songs and carols. Our concert will include Vaughan Williams' 'Fantasia on Christmas Carols' and the haunting melodies of 'I Wonder as I Wander', 'Ubi Caritas' and Bruckner's poignant 'Locus Iste'.

The Choir will be joined by Soloists Laurie Ashworth, Sarah Jillian Cox, Nicholas Hurndall Smith and Paul Im Thurn, with organist Peter Noke, who will all perform under the baton of Musical Director and Conductor, Marco Giudici.

Tickets are £15 including glass of wine, and £7 for under-21s, available online at [www.amblesidechoralsociety.org.uk](http://www.amblesidechoralsociety.org.uk) or from choir members.

### **Delivering the Parish Mag**

We aim to deliver a magazine to all the houses in the parish, but we have vacancies to deliver to one or two streets. If you could take on a monthly slot, please get in touch.

# PARISH OF BRATHAY

Holy Trinity Church, Bog Lane, Brathay, Nr. Ambleside LA22 0HS

## Services

**1st, 3rd and 4th Sundays:** 9:30am - BCP Holy Communion

**2nd Sunday:** 9:30am - Matins

Christmas Day service : 9.30am

**BRATHAY CHURCH HALL** near Ambleside (LA22 0HS) is available to hire by the day or the hour. Audio Visual Equipment is available and DVDs can be played on a large screen, making the Hall most suitable for presentations. We also have full internet access.

The Hall can accommodate at least 40 people depending on the type of function and seating layout desired. Local Clubs, organisations and private parties are most welcome. Ample parking and accessible toilet facilities.

To book, please email [office@stmarysambleside.org.uk](mailto:office@stmarysambleside.org.uk)

---

Please join us at our regular

## Coffee Mornings

**Thursdays at 10am in the Church Hall**

**Coffee and Scones** and a good chat.

Everyone very welcome



## School News – Ambleside CE Primary School



Earlier in the autumn term, our year 6 children successfully completed their Bikeability training. It's great to see so many of our children choosing to ride their bikes to school so supporting them in learning how to ride on the roads safely is really important for them. We're keen to promote the benefits of bike riding with our younger children too and invited Pro Ride Coaching into school to work with them on our balance bikes. In their sessions, they learnt all about bike safety and enjoyed using the balance bikes to navigate obstacles and challenges.



Our year 5 and 6 children were invited to Ambleside Parish Centre to join Gale for 'Stories Together'. They met with Francis and Kenza who shared a story called 'Stepping Stones – A Refugee's Family's Journey' and read the story in both English and Arabic. The story was about a young girl who had to flee her hometown due to war with

pictures in the book inspired by the stone artwork of Syrian artist Nizar Ali Badr. Afterwards, the children enjoyed having the opportunity to create their own artwork based on something that they would miss if they had to leave their home.

Before half-term, we held our annual Harvest Service in St Mary's Church, Ambleside and were joined by lots of friends and family. In the run-up to Harvest, we looked at the Christian values of generosity and thankfulness together. We thought about how, even the smallest gift can make a really positive impact on someone else. At Harvest, we reflected on the many things that we are grateful and thankful for in our lives (including our abundance of food) and our families generously brought along donations of food which were given to Ambleside Parish Centre's Community Food Cupboard.



We now turn our attention to the lead up to Christmas with lots of events and activities planned both in school and within the wider community and I look forward to sharing them with you in the New Year. On behalf of everyone in the primary school, I wish you all a very happy and peaceful Christmas.



**Mrs Alison Broom, Headteacher**

## Advertising space

Would you like to advertise your local business in this magazine?

We have a few spaces available for the year beginning July 2022.

Annual fees: £60 for a single slot, or £120 for a double slot.

*Please contact Judith Dixon at [Office@stmarysambleside.org.uk](mailto:Office@stmarysambleside.org.uk)*

# Monday Meet Up



At the Parish Centre

2pm - 4pm

Open House every Monday for all ages

Pop in to get together

Have a chat, a cake and a cuppa

## **HEALTH AND WELLBEING DROP-IN**

**at Ambleside Library**

This session is aimed at vulnerable people in the community and it's a safe space to have a 1:1 chat about health and wellbeing and to find out more about our services: physical health, mental health, social wellbeing.

Every third Monday of the month 11.30am to 12.30pm

**Next drop in dates:**

**16th December**

**& 20th January**

## Highlights and Happenings at the Parish Centre



As we reach the end of 2024 and look forward to welcoming 2025 it's heartening to reflect on the variety of events and regular social groups and classes that have brought our community together at the Centre throughout the year.

Ambleside Kirkstone Rotary hosted a very successful Quiz Evening in November, raising £1000 for Centre Funds. With fun, friendly banter, and laughter we had a full hall of quizzers vying to win the coveted **Smarty Pants Trophy**. Thank you to everyone involved.

The Centre also benefitted from Ursula's Table Top Sale, giving new life to unwanted items while offering delicious bacon butties, homemade cakes, and refreshments. Special thanks to Ursula, our dedicated hospitality team, and all those who supported the event, especially the many **parkrun** participants.

A big thank from everyone to Alison Pickering, who stepped down as APC's Treasurer at the 2024 AGM in November. Alison played a key role in managing the centre's finances with her professional expertise and business experience. She will be greatly missed.

The Christmas Craft Fair, Ceilidh and AGM - all took place after this edition went to print, more to follow next year!

**THE CENTRE WILL BE CLOSED, WITH ALL STAFF ON LEAVE FROM  
TUESDAY 24<sup>TH</sup> DECEMBER UNTIL MONDAY 6<sup>TH</sup> JANUARY**

### Dates for your diary

**Community Café Wednesdays 10.30am - 11.30am**

**Evergreens Wednesday 2.00 -3.30pm varied programme**

**Dementia Support Group Tuesday December 17th December**

**& Tuesday January 21st 10.30 – 11.30**

**Community Lunch Thursday 30th January 12.30 – 1.30**

For further information see our website [www.amblesidepc.org.uk](http://www.amblesidepc.org.uk) or Facebook page, Tel 015394 34172 or [admin@amblesidepc.org.uk](mailto:admin@amblesidepc.org.uk)



**CancerCare Christmas Fair  
and Coffee Morning**



**Saturday 7th December 10.30am - 12.30pm**

**at The Kelsick Centre Ambleside**

**A variety of stalls to sell baked goods,  
preserves, toys,  
a tombola, raffle, and Christmas items**

**Entry £2 ( includes coffee and biscuits)**

**We look forward to seeing you on the 7th**

**Dementia Support  
at Ambleside Parish Centre  
Tuesday 17<sup>th</sup> December**

**And**

**Tuesday 21<sup>st</sup> January**

*Come along for a coffee and a chat.  
Elaine from the Alzheimers Society will be  
joining us*

*More details 015394 34172  
barratt573@btinternet.com*





Our December talk will be:

**The Wild, Wild West in Winter – the wildlife and snowy landscape of Montana, Wyoming, Utah and New Mexico**

Wildlife photographer Alan Walker will be telling us about this stunningly beautiful landscape and the wildlife it supports in temperatures below -25C. Amazing photos are guaranteed!

Thursday December 12<sup>th</sup> 7.30pm

The Percival Lecture Theatre, University of Cumbria

All welcome

**LIVE GENEROUSLY**

GOD IS ALL GIVING, ALL LOVING. HIS SON FREELY LAID DOWN HIS LIFE FOR US AND WE GIVE BECAUSE HE HAS FIRST GIVEN TO US.

If you would like to support the mission of St Mary's Ambleside by making a donation by Standing Order or 1-off donation, go to our website and click on "Support us". You will also find our leaflet explaining how we plan to spend your donation. Thanks.

For Holy Trinity Church Brathay, send a cheque to '*Holy Trinity Church Brathay*', *Brathay Church Hall, Bog Lane, Ambleside LA22 0HS*

## Cumbria Amenity Trust Mining History Society

is a registered charity formed in 1979 to explore, research, conserve and maintain mineral and slate mines throughout Cumbria.



**We are hosting  
a public event**

**at The Force Cafe in Ambleside  
on December 7<sup>th</sup>**

- 10am Photographic display, Mineral Exhibition and Publication sales on throughout.
- 11am Talk 'Fifty years of mining history and Conservation in the Lake District'
- 12.30 Talk 'The Elizabethan German Miners role in changing the path of the British Isles towards an industrialised, technology led Capitalist nation'.
- 2pm Talk 'Greenside mine through old photographs'.
- 3.30 Finish

*No charge, but donations welcome for a local charity.*

### **Wilkins Chimney Sweep** Est 1895

HETAS Trained Police Checked  
£5m Insurance  
Caps and Cowls Fitted  
Appointments booked immediately

**Tel: 01768 758 111**

### **T.A.S Scaffolding**

*Fully Insured*  
25+ years experience!  
Available for free quotes

Please contact **07599154751**

### **Jonny Perrem Contracting**

*Walling, fencing, Groundworks  
and stone supply*

Fully insured and construction line approved

**Mobile 07809 8717868**

### **Lakeland Pest and Wildlife Services**

*Professional and reliable pest control*

Fully insured and accredited

**07796796586**

**ambleside  
opticians**

local, independent  
community eye care

the old mill north road ambleside  
la22 9dt 015394 31331

NHS & private eye  
examinations

Comprehensive  
contact lens care

NHS emergency eye  
care service

*To advertise in this space*

*please contact:*

*Mrs J Dixon*

*office@stmarysambleside.org.uk*

**JN WILSON LTD**

## **JOHN DEWHURST FUNERAL DIRECTOR**

**Hawkshead, Ambleside**

**Telephone 015394 68217**

*24hr Service - Private Chapel  
Funeral Plans available*

**email: jnwilsonfuneralservice@gmail.com**

### **HOME SUPPORT**

Need an extra pair of hands?  
General Cleaning, Spring Cleaning  
Shopping, Ironing  
CRB Checked, References Available  
Telephone Fran: 07870681074

*Janet Smedley*  
M.C.S.P., H.C.P.C. Registered



**Chartered Physiotherapist**

Phone: 07831 219849 • janet@jesphysio.co.uk

**Get the Care You Need**

**www.jesphysio.co.uk**

Unit C, Dixon's Court, 101 Lake Road, Ambleside, Cumbria LA22 0DB

## **MAGENNIS PLUMBING & HEATING**

The Workshop, Compston St, Ambleside

**TELEPHONE: 34606**

Mobile: 07738825412

email: info@ambleside-plumber.co.uk

www.ambleside-plumber.co.uk

*For all your joinery needs*



**RYAN SMITH  
JOINERY SERVICES  
AND MANUFACTURING**

54 Limethwaite Road • Windermere • LA232DU

**07825185584 • 01539447478**

ryansmithjoinery@outlook.com

## **WS Architecture Ltd**

*William Sutherland RIBA*

Cluan Rydal Road Ambleside  
LA22 9BA

(015394) 34489

E-mail: wsarchitect@me.com

Web: www.lakedistrict-architect.co.uk



### **STEPHEN P BOWE**



**Professional  
Painter  
and  
Decorator**

Quality Workmanship Guaranteed  
Interior & Exterior - Competitive Rates  
**FREE ESTIMATES**

**Tel 015394 88438 Mob 07740872043**

## **SEAN DAVIDSON**

Int & Ext Painter & Decorator

**Tel 015394 33331**

Mob. 07548 882940

## **AMBLESIDE TREE SERVICES LTD**

Est. 1988

For all aspects of Tree surgery, Felling & Removal  
Tree Stump Grinding & Removal, Hedge Cutting  
Fully Insured and work carried out to BS3998

Tel: Allan Prickett

015394 33889 / 07970471723

### **LEE BLACK**

**MAINTENANCE SERVICES**

Minor roof and gutter repairs  
Household maintenance and odd jobs  
For your home and holiday lets.

**Telephone 07531238624**

or Email leeblackmaintenance@gmail.com

Trading Standards Approved  
Chimney Sweep  
Est. 1992

**Andrew Backhouse**  
015394 45117 or 07763145594

## EDMONDSON LONGMIRE

### FUNERAL SERVICE

Est over 100 years

24 Hour Service  
Complete Funeral Service  
Private Chapel of Rest

The Chapel  
Glebe Road Bowness on Windermere LA23 3HB  
Ambleside & Windermere  
015394 43427  
edmondsons@beethamhall.co.uk

## STEVEN DIXON

Building Contractors Ltd.  
New Build Extensions, Renovations, Walling, Slating  
Telephone: 34537 / Mobile 07703 358 463  
www.smdixonbuilders.co.uk

## Motorbody Accident Repair Centre Ltd

Greystones Garage, Hawkshead LA22 0PZ



Mechanical/Bodyshop  
Class 4/7 mot testing  
Electrical and Hybrid vehicles  
- repairs and servicing



Smokeless fuel, kiln dried logs, kindling,  
BBQ charcoal, firelighters  
Collection only

Tel 015394 36667 or 36771  
Email: motorbody@aol.com

## GIRL FRIDAY

Decorating - Gardening - PA work  
Business cover - De-cluttering

Call Isabel  
0787 622 4013

## ♦ FRED ♦ Fred Holdsworth's Bookshop

BOOKS  
F  
HOLDSWORTH

Ambleside Independent Bookseller  
Est 1956

Telephone: 015394 33388

Next day ordering service.  
An extensive range of Maps,  
Guides, Fiction, Non-Fiction,  
Children's, Classics and Jigsaws.



Central Buildings, Ambleside LA22 9BS

## Davenport & Scott

SOLICITORS

Lancaster House  
Lake Road  
Ambleside  
LA22 0AD

Moving House, Buying or Selling a Business  
Have you made a Will?

We offer the complete range of legal services

For a friendly and personal service contact us

Telephone: 015394 31919

SELLING & LETTING QUALITY HOMES LOCALLY



MATTHEWS  
BENJAMIN

Ambleside 015394 32220 Windermere 015394 47717  
Lancaster 01524 380560 Garstang 01995 917895  
Morecambe 01524 384960

## Becoming You...

When life's challenges come along, they often flag  
up underlying issues we weren't prepared for.

If you would like to work through these, do send  
me a message. I will always get back to you.

Emotional Freedom Technique (EFT)  
Hypnotherapy. Life Coaching

Sue Birkett 07786 120316

sue@becomingyoulifecoach.co.uk

## C.P. LISHMAN LTD.

BUILDING CONTRACTOR

Extensions : Renovations : Conversions  
Blockwork : Stonework : Plastering : Roofing  
Damp-proofing : Tanking : Timber Treatments

Sovereign Approved Contractor

Tel: AMBLESIDE 33681

## Ursula Brendling

Personal Trainer

www.ursulatraining.co.uk

Be the best you can be

Tel: 07743 046667

(Fully qualified coach and CIMPSA registered)

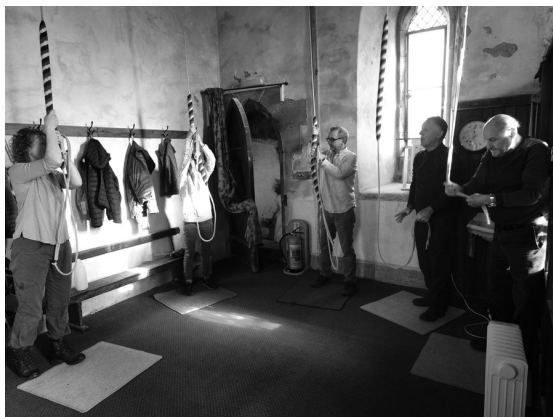
## Bellringing in Ambleside

Here at St Mary's we are fortunate to have a magnificent ring of eight bells, cast in 1901 by Taylor's Bell Foundry of Loughborough.

The bells form an octave tuned to D flat and the heaviest, known as the tenor, is an impressive 32½ hundred weight; that's 1651kgs, or over 1.6 tons. According to R. H. Dove's *Guide to the Church Bells of Britain*, ours is the fifth heaviest ring of eight in the British Isles, with only Adelaide Cathedral out-weighting us in the rest of the world.

There is regular ringing before the 11 a.m. Sunday service, when the small local band is often augmented by visitors from other towers around the country. With the help of other local bands, we also hold occasional practice nights on Monday evenings.

Bellringing is a fascinating and truly unique hobby. It enables you to develop new skills, take part in a centuries-old tradition, and meet new people, as well as offering gentle physical and mental exercise.



We always welcome new recruits. If you are interested in finding out more, contact Peter Gardener: 01539 823302; 07979885048; [candpgardner@googlemail.com](mailto:candpgardner@googlemail.com) or Siobhan Routledge: 07901541787; [siobhanrchapman@gmail.com](mailto:siobhanrchapman@gmail.com)

Words: Siobhan Routledge

Picture: Chris Routledge

**RYDAL WI** - In Ambleside  
Your local WI (Founded in 1952)

**Rydal WI**



**THINK YOU KNOW THE WI?**

**IT'S NOT JUST JAM and JERUSALEM**

Since its inception in 1915 the WI's aim has been to further the interests of women by being an organisation which

- ◇ supports women
- ◇ holds social gatherings
- ◇ organises cultural and sporting visits and activities
- ◇ offers opportunities to learn new skills
- ◇ takes up campaigns on local or national issues
- ◇ brings in speakers on wide topics of interest

At our AGM in November the report on our year's activities showed what a varied programme we had enjoyed - talks, theatre and cinema trips, walks, lunches, games, supporting local causes, donating items to organisations.

Rummikub sessions in the library on Fridays (except the 2nd in the month) will continue at 1.30pm. These are open to all.

If you would like to find out more contact our secretary

[rydalwisec@gmail.com](mailto:rydalwisec@gmail.com)

## **Ambleside Kirkstone Rotary Hosts**

### **Successful Quiz Evening**

Ambleside Kirkstone Rotary Club recently held a highly successful Quiz Evening at the Parish Centre. The event was a sell-out, drawing a full hall of enthusiastic teams competing for the much-coveted Smarty Pants Trophy, as well as a range of other prizes.

The evening included a well-stocked bar and a raffle, adding to the festive atmosphere. Thanks to the generous support of all attendees, the event raised an impressive £1,000, which will go towards supporting the ongoing work and activities of the Parish Centre.

The Rotary Club would like to thank everyone who took part, donated prizes, or contributed to making the event such a success. The funds raised will play a vital role in ensuring that the Parish Centre continues to serve the local community.

If you would like to join us or would like more info about the club  
please contact

Judy Fry at 07739 597350 [judyfry7@gmail.com](mailto:judyfry7@gmail.com)

Allison Peak 07849519133 [peaks1405@gmail.com](mailto:peaks1405@gmail.com)

<https://www.rotary-ribi.org/clubs/homepage.php?ClubID=1887>



## Tackling your finances - small changes with big effects

Sometimes tackling your finances can feel overwhelming, but small steps can make a big difference, and planning ahead helps you feel in control of your spending.

A quick way to understand where your money goes is to keep a spending diary for a week, then make a simple weekly or monthly budget. Have regular money check-ins where you review your finances to see what's working and if anything needs adjusting.

Prepare for predictable future expenses, like council tax, car costs, TV licence, Christmas and birthday presents, or upcoming big events like moving house. They all need to go in the budget. Putting a bit aside each month can make these expenses easier.

There are also unpredictable costs, like a boiler or car breakdown. Even a small amount set aside each month for an emergency fund can give you peace of mind. It's worth considering insurance, such as home or pet insurance, which can offer financial security in case of unexpected events.

Making sure your credit report is accurate can help improve your credit score and make it easier to borrow money or access financial products and services in the future. The Citizens Advice website tells you how you can check your credit report for free.

If you are worried about falling into debt, or already can't pay your bills, talk to South Lakes Citizens Advice. They can advise you on any benefits, grants or financial support that you might be eligible for, and help you to deal with your debt.

***Free, confidential advice and help is available.***

***Call [015394 46464](tel:01539446464) (9.30am – 2pm, Monday – Friday)***

***Drop in sessions at Wainwright's Yard, Kendal, LA9 4DP (10am – 1pm, Tuesday and Thursday) Adviceline: 0808 2787 984 (9am - 5pm, Monday – Friday)***

***email advice via the submission page on our website***

***[www.southlakescab.org.uk](http://www.southlakescab.org.uk)***





## Advent Knitalongs

Each week during the run up to Christmas gather with a friendly group for a mystery Knit Along, with themed reflections to chat about.

Email to get access to the pattern and reflections, and a zoom link, and then gather warm and cosy with others online or face to face as we explore the mystery of Christmas together.

Knitting is **TOTALLY** optional! You're so welcome to be part of the group whether you knit or not!

Starting 5th December for 3 weeks

Thursdays 2:45-3:45 Face to Face at Ambleside Parish Centre

Thursdays 7:30pm on Zoom.



The heart of the Lakes  
book at [www.ruach.space](http://www.ruach.space)  
or email [hello@ruach.space](mailto:hello@ruach.space)



## From the Registers

**Wedding:** Amy Pattinson and David Blakeney on 21st November

**Baptisms:** Archie Dixon on 24th November

Daisy and Zara Green on 27th October

**Funeral:** Eileen Hutchinson on 20th November

**Interment of Ashes:** Robin Love 1st November

**Floodlighting:** In memory of Barbara and Dennis Lewis who looked after the College and its students – October 2024.

For Lynne Ferguson on 24th September

## Good News for Ambleside

Your church in Ambleside is committed to praying for its area. We have been doing this by praying for you, street by street, month by month. Now we would like to invite you to join us! Please tell us what we can pray for or give praise to God for on your behalf.

**Loughrigg Avenue, Loughrigg Meadow, Loughrigg Park, The Brandrith, The Slack, Church Street, King Street, Compston Street, St Mary's Lane, Knott Street, Kelsick Road, Castlefield, Greenbank Rise, High Greenbank, Greenbank Road, Nook Lane, Bell View Lane, Sweden Bridge Lane, Sweden Park, Ellerigg Road, Mac Yard, The Green.**

Do contact us and let us know what can we pray for during December and January.

*Email Judith Dixon: [office@stmarysambleside.org.uk](mailto:office@stmarysambleside.org.uk) or telephone: 015394 34512*



## FEBRUARY ISSUE

Please could all articles be emailed to Judith Dixon at [office@stmarysambleside.org.uk](mailto:office@stmarysambleside.org.uk) by 11th January.

Could they please be in Microsoft word format or similar? **No PDFs please.** Larger articles should not be more than 250 words.

Thank you!

## **Hope Church Ambleside**

(formerly Ambleside Baptist Church)  
Compston Road, Ambleside

Contact: Simon Gregory 07947486740

Church Services

Sunday: 11 am at The Kelsick Centre

Please see our website [www.hopechurchambleside.org](http://www.hopechurchambleside.org) for more info

## **Mater Amabilis Catholic Church**

Wansfell Road, Ambleside

Contact: Fr. Ajish Kumpukkal 015394 33027  
southlakesrc@gmail.com

Masses

Sunday: 9.30 a.m.

Tuesday: 9.30 a.m.

## **Quaker Meeting for Worship**

Colthouse Friends Meeting House near Hawkshead, LA22 0JU

Every 2nd and 4th Sunday of the month, 1030-1130

(usually followed by coffee and conversation)

<https://www.quaker.org.uk/meetings/colthouse>

## **Contacts**

Bell Ringers

St. Mary's Ambleside:

Mr. P. Gardner

015398 23302

Holy Trinity Brathay:

Mr. C. Sutton

015394 37368

Ambleside Parish Centre

*Office*

015394 34172

Brathay Church Hall

015394 33335

Ambleside Primary School

Headteacher: Alison Broom

015394 32181

Holy Trinity Brathay Parochial Church Council

Secretary: Lesley Swift

015394 35967

The Magazine

Editorial and Advert coordinator:

Judith Dixon

015394 34512

[office@stmarysambleside.org.uk](mailto:office@stmarysambleside.org.uk)

## Happier You Nutrition

Nutritional & Lifestyle Coaching to support weight management, sleep, energy levels, stress management & sports nutrition.

Amanda Sarjant – Nutritional Therapist and HeartMath Coach

Member of BANT, ANP, CNHC, GNC and fully insured  
amanda@happieryounutrition.co.uk

**07780 483801**

One to One and group courses available – in person and online

A healthier you makes for a happier you.



## AMBLESIDE PET SHOP

Paws by the Lake  
admin@pawsbythelake.co.uk



## DRY AND FROZEN PET FOOD

PET ACCESSORIES TOYS AND TREATS

DOGGY PRAM HIRE

FREE FITTING SERVICE

For Harnesses, Coats, Dry Robes and Life Jackets

Open 7 days a week 10am - 5pm

AMBLESIDE PET SHOP

Paws by the Lake, The Old Toll House Waterhead  
Cumbria LA22 0EZ

Tel: 01539 432014 www.pawsbythelake.co.uk



## Live-in care & companionship

An affordable alternative to a Residential Care Home

01254 375023 - 07419 111981  
g.derbyshire@promedica24.co.uk  
www.promedica24careathome.co.uk

PROMEDICA24  
Live-in Care & Support

## RICHARD PICKFORD

- Garden Maintenance -

*Lawns, Hedges, Pruning, Jet Washing*

**Tel. 0783 727 9476**

## SPEEDING Electrical

t: 015394 36281 m: 07880701754

e: dspeedingelectrical@btinternet.com

Electrical Heating · Lighting · Audio & TV Installations  
Replacement Consumer Units · Car Charging Points Installed  
Free quotes · 24/7 Call Out Services · Repairs & Fault Finding



## LAKE DISTRICT TREE SERVICES

07766 812691  
hello@ldtreeservices.co.uk



## Foxghyll Calm & Beauty

*Facials - Waxing - Massage  
Manicures and Pedicures*

Call to book

**Mobile: 07507 948066**

www.foxghyllcalm.com e: foxghyll.calmbeauty@gmail.com

## Handyman Service

*Fixing anything around the  
House and Garden*

Phone or text : Gary on

**07530 212 052**

Hourly Rate @ £25  
or fixed price per job.

*Just call for Free Advice !*